The Creator Goas of the Physical Universe Want to Talk to You



Wynn Free

A series of dialogs between Wynn Free and a Source identifying itself as the Council of Elohim, as given through the channeled transmissions of Terry Brown and Daphne Karandanis

What's really going on on Planet Earth?
What's this shift all about and the real significance of 2012?
Where do you go when you die?
How does prayer work?
And more!

Dedications:

There are many people who have made immense contributions without which this book could not exist.

First, I thank Daphne K. and Terry Brown who are the ones who channeled messages in this book. Both have made emotional and financial sacrifices and have dedicated their time to this project.

I thank Terry, in particular, for her editing work, for her consistent participation and support of our conference calls and for her persistent selfless service and dedication

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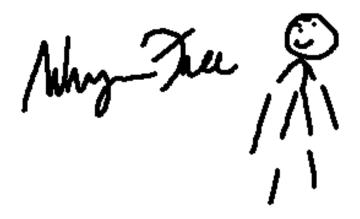
I thank Carla Rueckert (<u>www.llresearch.org</u>) for her bringing forth the original Ra material in 1981-1985 which laid the foundation for all that followed.

I thank Alan Painter for reworking the original manuscript into a polished and presentable book.

I especially thank Rassouli for the very expressive, mystical artwork appearing on the cover. (www.rassouli.com)

Finally, I thank you, the reader, for opening the door to an adventure beyond the furthest reaches of your wildest imagination.

Blessings, courage, and love to you and yours,



Contents

Preliminaries	I
Frequently Asked Questions Regarding My Work	3
Introduction	7
	_
The Story Behind the Contact	9
Shh!	11
Overview	13
My Story	15
The Elohim's Introduction to Me	21
First Contact	21
Who Are they?	24
My Sister's Illness	
Protecting Daphne	
Orientation	
Recommended Relocation	
The Process Evolves	
About Daphne and Petitioning the Elohim	
In the Beginning; More on Daphne	
Additional Concerns	
St. Catherine's Dialog	
Differences between the Entities; Invoking a Healing Excerpts	
Recapitulation	
The Sense of All This	55
Photos of the Principles	57
The Dialogs	61
Earthbound	
Meet the Elohim	
Connecting With the Elohim and Extricating Ones	
Creation	
A Cosmic View of Money and Sex	
Earth Changes	99
Passing Over	107

Prayers and Miracles	117
Grace	123
Ascension	127
The Dimensional Shift	133
The Perspective of P'taah	134
The Perspective of the Council of Elohim	135
The Perspective of Ra	138
The Perspective of Q'uo	
Everything You Touch Becomes a Part of Your W	ords and Mu-
sic	143
Epilogue	145

Preliminaries

Frequently Asked Questions Regarding My Work

What is it that you do?

I see myself as an emissary or in-between agent for intelligent, positive consciousness in other dimensions and in the Earth plane. I have come to the conviction for myself, and with a small group of people who have been paying close attention to my work for the past few years, that this is real, positive and something that certain people will find very important in their understanding and navigation of this period we are in.

These intelligences have explained that they operate in teams or groups and that they have made ongoing helpful contributions to the evolution of humankind. Many times their interventions and contributions have been interpreted as coming from God, which resulted in the formation of religions and/or spiritual movements.

According to my interchanges with them, they can help us in three ways:

- ◆ They can deliver pertinent information and understanding to dispel our fears.
- ◆ They can penetrate into this realm by way of what they call love-light energy, and they can uplift the vibration here.
- ◆ They can do interventions (healings and the like), but they honor free will. They operate in the "highest good of all concerned." In other words, their help must be requested, and they won't do things that would benefit some and cause harm for others.

How did these intelligent beings make themselves known to you?

I have been a student of spirit most of my life. I have been aware of metaphysical phenomena and synchronistic occurrences for many years. I knew there was something out there, but there was a mystery still attached to understanding what it was and how it functioned and connected with us.

In the year 2000 I began my research of David Wilcock and decided to write a book about his connections with the sleeping prophet, Edgar Cayce, who died in 1945. Most readers of the *Reincarnation of Edgar Cayce?*, now distributed by Random House, believe the case is successfully made. I also introduced in the book communications from the voice speaking through Wilcock, which identified itself as a "social memory complex," the Ra Group, one of the principle group souls assisting in the evolution of earthbound humans.

As I was writing the book, I didn't have any way to validate what was being presented, so I told readers that they would have to use their own scrutiny.

Two years later, in 2002, a close friend unexpectedly and spontaneously started to channel. Through her, a voice, which identified itself as the Council of

the Elohim, initiated a series of ongoing dialogs that continues into present time. I learned I was under observation by these intelligences from the other side, namely the Ra Group and the Elohim Group. For a period of time, I felt like I was in the middle of a science fiction movie as my friend would suddenly announce, "Those guys want to talk to you."

They were responsible for all kinds of amazing happenings in my life, including the prediction of a newspaper headline in advance and the saving of my sister's life in a medical miracle. They were also reiterating the same information concerning the dimensional shift that was brought forth by David Wilcock in his Ra readings. This information formed the foundation of the book.

For a few years I was quite apprehensive about expressing my intimations publicly. My book was not yet published, and credibility was a major issue. However, I did put up a website in 2003 where I shared my story, leaving the principle parties and myself anonymous. That website is still up as an archive:

www.conversationswithmygirlfriend.com

What is the cosmology that these group souls are imparting?

They explain that our planet is at the end of a 75,000-year cycle and that we are in the midst of a dimensional shift. Things will happen in this period that have never occurred in the recorded history of humankind, and it could be helpful for a resident of this planet to understand what is going on.

Weather changes and increased natural disasters are part of this shift. This period has connections with the prophecies of Jesus and the end date of the Mayan calendar, December 2012. The most relevant aspect of this current period is that the vibration of the earth is being upgraded. For people to partake of this upgrade, their heart chakras must be open slightly more than 50%.

Part of the cosmology presented includes reincarnation. We all have had many past lives, and after enough life times and enough positive choices, we can graduate from this realm. Upon graduation, we would no longer inhabit bodies, but would exist as pure energy, often times joining our spirit forms with one of these group-soul teams in the higher dimensions and helping those who are still trapped here.

This present lifetime on Earth has different possibilities than previous ones. Normally, if one goes through a particular lifetime without graduating, one would go onto the next physical embodiment on earth to continue the lessons in this realm.

This time, because the earth is graduating, if we don't upgrade during this life, we may have to repeat hundreds or thousands of additional lifetimes; not on earth, but on another planet in another star system.

Imagine what life would be like on a new planet without those people with open hearts. The idea of hell comes to mind. I believe this is the esoteric or metaphysical explanation for the prophecies of Jesus of a new Heaven and New Earth; one will be taken and one will be left behind.

The group souls I've been in communication with explain that they are in charge of administering this division of souls. The important thing is, they say, to keep one's heart open and stay out of fear no matter what happens in the physical.

Why should one believe that the voices speaking to you through others are who they say they are and are giving you accurate information when it cannot be validated by any conventional means? Are people supposed to believe this on faith?

I always tell people: Do not believe anything I say. Study the material, do your own due diligence, and draw your own conclusions. In 2004, after two years of my own personal immersion within this profound experience, my scrutiny left me no option other than to seriously consider that this is very real. There were numerous circumstances that brought me to my conclusion:

- ◆ The Consistency and congruity of the spiritual messages coming both through my personal associates and David Wilcock.
- ◆ Demonstrations of these group-souls' abilities to transcend the laws of physical time and space. Early on, they successfully predicted a newspaper headline two weeks in advance. A few months into my experience in 2002, my sister was the recipient of a medical miracle, ostensibly because I asked for their intervention.
- ◆ The extremely loving attitude and wise counsel consistently brought forth by these group souls.
- → The cross-referencing and correspondences between different channeled sources (i.e., Carla Rueckert, Edgar Cayce, JZ Knight, and others) over the past 30 years.
- ◆ The photographic series tying Wilcock to Cayce. People tend to look like their past lives and meet the same people from one life to another. Wilcock had a series of photos of people in his close inner circle that closely resembled many of Cayce's closest associates. Subsequently, I stumbled upon a series of photos, drawings and depictions the likeness of which tied me to a recognized spiritual person in history. The probabilities of these similarities being random were billions to one. It all ties in with the prophecies of Jesus, the Mayans, the Hopis and others.
- ★ The response of people who attended my lectures. Whenever I gave public talks, there was energy in the room, which many of those present could sense or see. This energy was not me. When I asked questions about it in the channelings, they said they were giving me support by "beaming" love light from their realm into the room.

Here's an example of someone's experience who attended one of my workshops:

"I can honestly say I have never in my life felt that kind of energy, love, compassion and wisdom flowing so freely in one place before. It was beyond my wildest

expectations. It has changed my life forever. If I would have read your material, I would have thought, 'Cool; that's pretty neat.' However after experiencing and feeling the energy and the love, WOW! I have felt so different since that night. It is not going away either."

One of the sources talking to me identified itself as the Council of the Elohim. I googled the word Elohim and found explanations such as "the Creator God of this realm," the "God of the Old Testament" and the "intelligence that spoke to Joseph Smith during his creation of the Mormon Church."

Their answers to my questions were totally congruent with these past interventions. However, their explanations of how it all works are far more sophisticated than those of previous times.

How are you using your connections with these sources for the benefit of others?

When I learned that they could beam energy into a room, I asked if they could beam energy into the space of those who would participate in a telephone conference call at disparate multiple locations, and they said they could. So a couple of years ago, I began holding conference calls on an experimental basis to see what would happen. Originally we would read some of the channelings, and people on the line reported feeling the energy; some were having experiences of healing. Eventually we started doing live channelings over the telephone and the participants of these calls reported that they could feel the energies. To get a schedule of conference calls, send an e-mail to: info@messageaday.net.

Do you have anything to say in conclusion?

This is a crucial period for each person reading this regarding his or her own evolutionary process. If I understand it correctly, we are all making decisions right now that will affect our future lives without being aware this is so. We are offering a huge amount of support, for those who can use it, to help people through this transition.

Here is a comment from someone who participated in the conference line

"If you are drawn, join.... Jump in with both feet if your heart is true. Beyond words or explanations...Pure Love.... And what else really matters? AWE-some!" —Laurie

Introduction

This book presents what may be the most challenging, controversial and catalytic story you have ever been exposed to. There are many mysteries in life that seem unsolvable, particularly when one attempts to understand what happens on the other side of the veil. Who is God? How does prayer work? Where do we really go when we die? If there is a just God, why is there so much suffering? Are there angels? Etcetera.

Ultimately, there will always be a mystery, but I've had a series of personal experiences that seem to have unraveled some of the outer layers and to have given access to some of the structures of the other realms and how they function, which normally are obscured in this realm. If I am going to provide answers to these kinds of questions, why should you believe this particular set of answers when there are so many others to choose from? How can we ascertain that these voices, which have been communicating to me since 2000 by way of the channelings of two personal relationships, are who they say they are and that the cosmology they present is accurate? What kinds of guidelines can one use to even consider this kind of information? What criteria can you draw upon when we're talking about things allegedly in other realms that cannot be validated by normal human perceptions?

I had to go through an extreme amount of soul-searching, research and experience to determine that maybe I had it right and that this was something worthy enough and important enough to put into the hands of others. In the first part of this book, I'm going to share some of my personal experience and process that led to my validation of this connection.

I suggest that you should evaluate me. Am I trustworthy? What's my intent in writing this book? Am I intelligent? Am I delusional? Am I being misled? Am I connected with a dark force masquerading as a light force?

Then evaluate the Elohim.

If I am really communicating with what identifies itself as the Council of Elohim, and if they really are who they say they are, this may be the most important book on the planet. What if this group intelligence, identifying itself as the God in the Old Testament, is now explaining how they function and how they interface with our realm in a way that's never been presented in the history of humankind? What if they are giving the correct explanation for the transformation, corresponding to the Mayan Calendar end date of 2012, which is happening on our planet right now and explaining why this period is so important concerning the evolution of our souls?

My story didn't happen in a vacuum. There are loads of witnesses, hundreds of tape recordings, a plethora of miracles, and much personal growth for everyone associated with me.

8

Thank you for making the decision to read this book. I hope you share in the blessings that have occurred for the many others who have exposed themselves to this material.

The Story Behind the Contact

Shh! A poem by Wynn Free



It's OK to talk to God. In fact every religion In the world Promotes this kind of activity Called prayer! But God forbid (God forbid?) If God talks to you, Don't tell anyone, Because they'll probably Call you crazy. They might lock you up Give you psychotherapy, Shock therapy Or worse. History has proven Over and over, That it's much easier to recognize That someone has talked to God After they're dead. So if God happens to Whisper in your ear, Be sure and keep it secret, Cause even the best have gotten crucified After they told everyone God was talking to them.

Overview

I'm assuming that if you're reading this chapter you are human. Like all humans you are using your eyes, your brain and whatever other human senses and abilities that you have access to. You may have the idea that there are realms that you do not have access to, and you may wonder if they could be real. Are there really angels? Where is God? Is there life after death?

For most of us, the answers to these questions are not directly verifiable. So, we've grown accustomed to depending on "expert" sources, like religious clerics or philosophy professors for answers, and we are asked to accept their answers on faith. Unfortunately, so-called expert sources disagree. Which source do we follow? Which religion worships the "real" God, if there is one? Most of us don't bother making a serious investigation. Either we adopt the beliefs of our parents, a peer group or a popular consensus view and we hope that we've got it right, or we reject the beliefs of our parents and end up with no belief system at all. Then we base our lives on what we can validate with our physical senses: i.e., what you see is what you get.

Our purpose for living is relegated to the acquiring material things, gaining power over others, or being at the effect of others who are more masterful than we are at manipulating the laws of the physical world. That is, we become slaves. If having a good time is within the realm of possibility we may just try to have a good time. Though for many people, life is not about having a good time. It is a struggle with sadness, sorrow, abandonment, bad health, alienation, poverty and fear.

The issues presented here have been inherent in the human condition since the beginning of recorded history. The purpose of this book is not to present another belief system or philosophy to accept on faith. I have had unusual conversations with those sources on the other side of the veil, and I have become convinced they are the very sources who have been the initiators of most spiritual movements and religions, the same sources who communicated with Moses, Jesus, the prophets and untold others. Although I have been convinced, I don't assume you should be convinced. I only ask that you study with an open mind the events that occurred in my life and the actual dialog transcripts. After five years of this contact, I have concluded that it is real and I've observed the immense value created for others whom I have shared it with. I ask you to apply your own discernment and draw your own conclusions.

In the second part of this book, are a series of dialogs that were conducted in question-and-answer format with a voice that identified itself as the Council of Elohim. This Elohim voice has been in communication with me for over five years (beginning in 2002) via two consecutive personal relationships. This contact has included some extremely accurate future prognostications, a miracle of

healing, and the wisest of personal counseling assisting me with my own inner obstacles and issues.

In the initial phases of this contact, when the source first identified itself as the Council of Elohim, I immediately did a Google search on the word Elohim and found definitions like "the Creator God of this realm," "the name for God in the Old Testament" and "the group who was speaking to Joseph Smith when he founded the Church of Latter Day Saints." When I asked them in a channeling if they were the same, they answered in the affirmative. I didn't believe them. I didn't disbelieve them. I decided that I would evaluate this over time and draw my conclusions one way or the other based on a careful consideration of the dialogs, which I was taping.

During the first part of this book, I am going to share the circumstances that led me to the conclusions that I was and am having conversations with the Elohim of history and that they are bringing forth an extremely important message regarding what is transpiring on our planet from a celestial perspective. They tell me that they can be more candid now than ever before, and they explain things via our dialogs that have never been brought forth in any of their previous interactions with people. They also share how to make a direct connection with them. Some of those who have been studying my work believe they have made this direct connection. Some have had phenomenal events occur in their lives as a result of their exposure to the Elohim through my material. Some people have come to believe that they are getting their own direct verbal communications from the Elohim. In one case an individual's girlfriend began to spontaneously channel a voice that identified itself as the Elohim after visiting my conference call line. This connection has been was ongoing.

Obviously in scrutinizing this for yourself, you should want to know more about me. We can postulate that the Elohim would not make arbitrary choices and that this communication with me is not just happenstance. In the next chapter I'll share a bit of my own background and the circumstances under which this contact started.

My Story

For many years of my life I identified with being a singer, songwriter and poet. I still sometimes perform my music and it is one of my greatest joys to do so. When I was in high school in Philadelphia I was inspired by figures such as Bob Dylan, Donavon, Joni Mitchell, Cat Stevens and the Beatles. I never felt understood. Although in the lyrics of the songs I was listening to, I was being touched and opened up in areas inside of myself that, till then, had never been reached. I went off to the University of California at Berkeley to study physics, but I had learned to play guitar. I wrote songs. I started a rock band and, after a few years, learned I was far more passionate about playing music than studying physics. I also became interested in metaphysics. I had read many books about the famous sleeping prophet, Edgar Cayce, who would go into a trance and was able to do extremely accurate medical readings on strangers, recommend alternative remedies, tell people about their past lifetimes and predict the future. My study of Edgar Cayce convinced me that there was more to life than science, and I opened up to reading many more books of a metaphysical nature.

There was something in me that craved some kind of direct experience of the spiritual material I was reading. I decided that I would take a hitchhiking trip across the country. It seemed like something a budding singer songwriter should do. So I packed my guitar and stood on University Avenue waiting for a ride. I remember thinking that if there is really a God, I would have my direct experience on this trip. This trip lasted about four years. I ended up with numerous adventures, sleeping on people's couches and playing gigs at all the little coffee shops sprinkled in every city across the country.

The most significant aspect of this trip has been my experience of synchronicity. Synchronicity is where events come together in a manner which looks like coincidence, but with impossible statistical probabilities. There were periods where these kinds of events would happen daily. Some of the phenomena revolved around astrological correlations. I had learned to do astrology charts, and initially, with my physics-major background, I was amazed that astrology could be real. However, early in my study of astrology I learned that often someone reminded me of someone else, and I was able to guess his or her sign with a high degree of accuracy when this occurred.

When I was hitchhiking, a couple with a certain astrological combination, like a Taurus man and a Gemini woman would pick me up. They would drop me off, and the next ride would be a couple with the same astrological signs. This would happen with great consistency, although the sign configuration would change from day to day. Sometimes I would meet people on the same day that had exactly the same birthdays, and occasionally I would guess someone's birthday because I recognized the similarity of his/her energy to someone I had met earlier.

16

All of this was blowing whatever was left of my rational, scientific mind. Within the context of hitchhiking, crashing and drifting through people's lives and couches for four years, it was as if I was catching some kind of cosmic whirlwind. Days were unfolding like magic. I felt like I was in a parallel reality that others had the potential to connect with, but most didn't. I was writing songs, and I wanted to capture the energy of this reality in my songs and share it. Eventually I decided I was a good enough songwriter to become successful and I ended up in Los Angeles to start a career.

It felt like I was on a magic carpet ride, and some force was guiding my ride far beyond anything I could conjure from my conscious mind or willpower. When I arrived in Los Angeles, the synchronicities continued. I had about five amazing circumstances that brought me into the sphere of Brian Holland, the legendary Motown songwriter of the Holland-Dozier-Holland song-writing team. Brian had written most of the melodies for the songs of the Supremes and the Four Tops. You are probably familiar with songs like "Baby Love," "I Hear a Symphony," "How Sweet it is to be Loved by You," and "Please Mr. Postman," etc.

Just before coming to Los Angeles, I spent a summer in Greenwood Lake, New York playing my folk songs in between the top-40 bands. I invited the musicians in the bands to join me in jams during my sets. My sets became enormously popular, and it wasn't long until I was a town legend. I was sleeping in a tent behind the home of the house band, which was being managed by Marc Gilitin. A few months later I was in L.A. attending a songwriter's showcase, and I ran into Marc who had come to L.A. to become successful in the music business. He was working for The Holland group and invited me to submit some of my songs. A few weeks later when I went to their office and dropped off a tape of songs, I learned that Marc was no longer working there. However, Dorothy, the office manager, said she would take my tape and direct it to the right people.

I left the office and went down the block and had a cup of coffee at a local restaurant. I was sitting at the counter with my beat up guitar and struck up a conversation with the guy next to me. He listened with rapt attention as I shared my hitchhiking adventures and my ambition to be a successful songwriter. After about 15 minutes, he told me that he also wrote songs. I asked him if he ever had any recorded, and he then identified himself as Brian Holland.

My heart started pounding. I recognized the synchronicity. I told him that I had left a tape in his office, and he promised he would listen to it. A couple of months went by, and I didn't hear from him. Nor could I get through the screening committee that answered the phone when I called.

I used to take walks a few times a week on the beach in Venice. On one particularly hot day, I stopped into a bar on Washington Blvd. and had a beer. I struck up a conversation with the woman next to me who was getting soused. She was into jazz and was interested that I was a musician. She took me home with

her. I should mention that I very rarely drank or hung out in bars. This was the only time in my life that I began a relationship by meeting someone in a bar.

I would visit Pat—I will omit her last name—two or three times a week. After a month, she moved into a luxurious Marina Del Ray apartment complex called the Marina City Club, renting a room from her girlfriend. I continued seeing her. One morning I left her place and walked down the hallway, glancing at an envelope scotch-taped to the door next to hers. It was addressed to Edward Holland, Brian's brother. I went into shock. I pick up a woman in a bar who moves in the apartment next door to one of the Hollands! Eventually this became known to them, and Brian recognized that our meeting was not random. We ended up writing songs together, one of which was recorded. I was given the key to their office and was allowed to use their stationary and name to send my songs out. We had no contract, just a handshake agreement that they would get 10% if a song got recorded through their auspices. I was sure it was just a matter of time until I would be successful.

I was wrong. Fate cast some bitter twists in my path. Without going into great detail, one of my songs was stolen and rewritten; it became a huge hit. (I should note that this had nothing to do with the Hollands.) I freaked out, withdrew from music and stopped trusting people. My life fell apart. I thought I was taking a year off from music to save some money. I intended go back into it after I had some money in the bank. However, bad went to worse to even worse. I ended up living in an RV and traveling around to swap meets living from week to week. I got into a cycle that I didn't know how to get out of. I lost the spirit to even want to play music.

Twenty years later, I got up one morning and said to myself, "If I have to live the rest of my life like this, I would rather die." I bought a notebook at the local drug store and started writing poems. I wrote poems about street fairs, women and whatever came to mind. This was the first time in many years that I wrote anything. I sent some of my poems out over the internet, and some sites started putting them up. I had two publications offer me the opportunity to write articles. I had never written prose before, but I said, "Yes," to both. The Messenger, a Los Angeles free paper distributed at metaphysical bookstores, ran a monthly column of mine. I just wrote from my own level of wisdom. Spirit of Ma'at, an online publication of Drunvalo Malchizadek, had me writing on assignment and paid me for articles. I was interviewing famous authors and new age pioneers, which they would assign.

It was at this point that I was introduced to the website of David Wilcock, www.ascension2000.com. David made the insinuation that he was connected to Edgar Cayce. I studied David's site very carefully and was convinced that if he was telling the truth, he had to be the reincarnation of Cayce. I petitioned the editor of Spirit of Ma'at to let me interview David. After I submitted

the interview, she immediately called me and exclaimed I was right that David had to be Cayce and that I was the one to write a book about it. This was in 2000.

Well, this prose writing was somewhat new to me. I thought that there was someone better than me who should be writing this book, but the more I studied David's site, the more I became compelled to write it. David was very reluctant to put the story out in book form. He was afraid of stepping into Cayce's shoes in such a public way. It was too much to live up to. I had to convince him that putting out the Cayce connection would cause his work to reach many more people. He hesitantly agreed and, even then, fired me at least two times while I was working on it. I spent the next four years putting the book together. It felt like this was the most important thing I could ever imagine myself doing in my life, not because David was Cayce, but because of whom he was channeling and what they were saying. Keep in mind that I was somewhat of an expert on Cayce. I read 20 books about Cayce and his work. I could feel the resonance between Wilcock and Cayce and, even more, I could feel the resonance between Wilcock's source and Cayce's source. Wilcock's source was revealing itself in a way that was never made completely clear to Cayce, probably because of his Christian fundamentalist upbringing.

Many of the channelings coming through Wilcock displayed a huge wisdom regarding and understanding of the human condition. I could immediately recognize their validity through my own levels of wisdom. I knew David could not access this level of wisdom from his conscious self. Additionally, there were many other channelings that I could not directly validate.

Data was being presented that I was becoming aware of for the first time: Our planet was at the end of a 75,000-year cycle. We were in the midst of what they called a dimensional shift. The earth was lifting its vibration from third density to fourth density, which in simple terms means third chakra to fourth chakra. In further simplification, for those not aware of chakra terminology, the paradigm on earth is transitioning from power to compassion. There will be a separation of souls. Some will graduate to this higher new earth, and others will have to repeat the lessons of the old paradigm. The cycle repeaters will be moved to another planet in another star system which is still dedicated to lessons of third density or power. The requirement for graduating into this "new earth" was having the heart chakra open at least 51%.

Now, this was like science fiction to me. I had no way to directly validate it, but I had to include it in the book because it was David's message.

David's source described themselves as a group soul by the name of Ra. They were a team of millions of individual souls that had graduated from this realm and now existed as pure intelligent energy dedicated to helping planetary populations at lower levels of evolution to graduate into higher realms. Many spiritual traditions talk about "getting off the wheel of reincarnation." The Ra group will be one of those destinations for those who get off the wheel, not only

from our planet but from other planets in the universe. There was a strong implication that the Ra group had been one of the intelligences that periodically had intervened in the history of mankind and had been construed as God.

Also, many of the Ra group had volunteered to return to earth and incarnate here to help assist in our realm. Once they took bodies, they could no longer remember why they incarnated, and they have to rediscover their original missions. These Ra incarnates were called "wanderers." There was a strong indication that Jesus was a member of the Ra group who chose to take a series of incarnations here culminating in the Jesus life.

As I was writing the book, I was overwhelmed with the responsibility of bringing this forth. Cayce believed it was the Christ who was speaking through him, although it never gave more of a description than his "source." The pieces fit. Could I really be writing a book bringing forth the current message to human-kind from the same source that Jesus referred to as Father? My conscious mind was really struggling with this in spite of all the research I had done. I realized how controversial the turf was that I was stepping into. So did David. I understood his hesitation in telling the story so forthrightly. There was an extremely high anticipation and anxiety about people would respond. The question lingered: Could I be making a mistake?

In the next chapter I'll share how the Elohim made their introduction to me while I was two years into writing the book.

The Elohim's Introduction to Me

In April 2002 I was still living in my RV in Los Angeles, and I was two years into writing the book. I was planning to attend the Prophet's Conference at Asilimar, near Monterey. It had a series of new age speakers, and I was going on a press pass to interview some of them for the Spirit of Ma'at. I arrived on Friday, and the conference had already started. As I walked into the room, a beautiful woman was staring at me. I sat down and looked back; she was still staring. I asked her if she knew me from somewhere and she said that I reminded her of a writer that she used to have a crush on. I thought, "This is going to be trouble."

She was living in a million-dollar house in Silicon Valley, and I was living in my RV in Los Angeles. We had a series of email exchanges, sharing poetry and thoughts. A month later, she left her husband and drove to LA to see me. I knew we had a strong connection, but I never could have anticipated what was about to happen to us. (If this was a musical, I'd be playing music from the Twilight Zone now.)

I resolved that I was going to make a serious go with Daphne. We rented an apartment and I scheduled myself for a 10-day fair in Portland, Oregon to try to make some money to support our relationship. We were driving on the Highway 5 in Northern California near Mt. Shasta. It was pouring rain, and I suggested we do a prayer of protection as the driving was treacherous. After the prayer, I looked up at the headliner of the car and jokingly said, "Does anybody want to talk to me?" Daphne answered, though I assumed she was kidding me since she knew I was in the middle of writing the book. She answered, "We're here. What are your questions?" I asked some questions for about ten minutes and when we finished she said, "That's the strangest thing that ever happened to me."

We arrived in Portland and booked a hotel. A couple days later I asked her if she wanted to try again what happened in the car. She agreed, and this time I took a tape recorder out. Here is a transcript of our first recorded conversation:

First Contact

Daphne channeled the Council of Elohim, and I presented the questions. Is anyone here? Do you want to identify yourself?

Good evening. We bring forth to you knowledge of the higher intergalactic species of the lone star system, Alcyon. This is to be our first recorded transmission to you, and we are pleased to announce our engagement of technological meshing with your channel so that we may bring forth to you information of a needed higher caliber for transmission and integration at this particular frequency and station and

knowing pertinent to the incoming questions. Have you questions this evening, Mr. Wynn?

Can you describe how you perceive our channel's consciousness when we ask for your presence?

This is a multilevel, diagrammatic question, and our present channel is a very wide band receiver station calibrated for exceptional galactic clairaudience and clairvoyance which, when tuned to the proper channel below the current threshold of consciousness, shall make inroads into accessing very pertinent information at this time of transition from the light 4d-3d matrix into the light 5d-6d matrix during the timeframe July 2006, 2007. Regarding her physiological makeup: her pineal and adrenal glands are overtaxed at this moment, and it would be beneficial for her to partake of supplementation such as melatonin and choline; also glucosamine. There is evidence of internal prestructural damage overlying from too-focused thoughts, thought patterns of rigid value structures applied over an awakening matrix, which must be moved. She is having a difficult time removing the residual calcification of thought forms. Your assistance is required to move her and readjust according to contractual service.

Is there anything specific I can do to assist with this, or is my presence enough?

She has by nature a very serious disposition. In the honoring her spontaneousness, in taking time for play as well as work, in taking time for rest as well as exertion, a balance may be achieved which is more beneficial and less taxing for her. She will take the demands of work very seriously—too much so—and it overburdens her nervous system to the detriment of her health if not given the permission to relax at certain intervals and, quite literally, to recreate. Also, spending time near the natural sources of water, canyons, mountains and streams is beneficial.

Why does Daphne wish she wasn't in a body?

Contractually she is very far from her home, some thirty to forty-thousand light years. She is an outpost messenger, so to speak. It is as if a person is living in an extremely foreign country with virtually no one to communicate with. It is a spiritual homesickness rather than a moral or ethical weakness on the her part. She has had many lifetimes of service, and this culmination is a highly respected yet sacrificial homage taken by her and by many of her way-showers. Have patience here. When she feels as if she really is giving and being received, her

gratitude for being used will increase. As for now, the density of the earth changes weighs upon her interior metabolism very heavily and throws her endocrine system off balance. It is indeed difficult to maintain any kind of emotional equilibrium at this present juncture. Indeed it is difficult to maintain the life force at this juncture, but she has made a determined effort to fulfill her obligation and will not renege.

Do she and I have a past life track record and a contractual relationship this life, or is it a relationship of free choice?

As we read from the akashic we see you have freely chosen now, although we see there has been a contractual relationship in the past. This is a wild card, so to speak, for you both have completed enough of your soul's prerequisites to advance several thousand millennium of spiritual and solar evolution if you so choose. Does this suffice?

What was the most significant past life together?

On the earth plane?

Do we have lifetimes off the earth plane?

We receive lifetimes of Andromedan experience.

And on the earth plane?

We receive a lifetime based in your 1600s as shop keeper and shop servant or shop apprentice.

Regarding the avenues which Daphne and I have of working together: Do you have a recommendation of the way we can be most beneficial, both in the short term and in the long run. We have artistic talents. She does this kind of channeling. Should we open this up so other people can ask questions? Would that be of service to the planet?

Regarding planetary service, this channel must first recuperate her given imbalances. This could essentially happen within the scope of one year. At this time it is very possible a channel may open for a myriad of possibilities and of public demonstrations of accessing other dimensional frequencies. However, careful groundwork and preparation must be laid, otherwise there is a significant risk of damaging of the vehicle and a decommissioning of the abilities for a threat to the life force.

I don't think you identified yourself by name. Would you mind doing that and telling us about your own background?

I am that I am. I am P'taah of the seventh galactic of the Andromedan-Syrian string. We are seventh dimensional beings, always available when you call on us. It's up to the prognosticate ability.

I went into shock. I couldn't imagine her making up something like this. I remember thinking it read like something out of a sci-fi movie. There I was in the midst of writing a very controversial book about the reincarnation of Edgar Cayce, and a voice was communicating with me through my girlfriend.

For the next six months she would unexpectedly interrupt whatever we were doing and announce, "Those guys want to talk to you," and I was given access to ask any question I could think of. It was as if I was accessing a huge cosmic library. They identified Daphne as an "outpost messenger" who had come into this realm and endured a long series of incarnations to bring this kind of access from other dimensions into our dimension. Here are a few excerpts from some of those original dialogs:

Who Are they?

Daphne channeled the Council of Elohim, and I presented the questions.

Who am I speaking to?

At the moment we are recipients of the light rays of Elokaha of the Elohim of the sixth dimensional ray of unconditional light and love of this localized, universe sector.

Is this the Council of A'an? (The Council of A'an identified themselves as a subgroup of the Council of Elohim.)

It is not what you would say is the Council of A'an.

Are you related?

We are indeed related.

Could you explain the relationship?

It is as if there is an intergalactic council of the needs of the present system and their origins of evolution. We work in the same league as the Council. They are our brothers and sisters in light evolution.

What does Elokaha mean?

It is of the Council of the Sixth Dimensional Ray of Service.

Thank you for coming.

It is indeed our pleasure to come and assist you at this present time. We are able to facilitate the understanding of the questions you have prepared and to answer to the best of our abilities.

How do you experience time compared to how I experience time in my years on earth? How long do you exist? Do you reincarnate again, or do you just exist without incarnation?

The question you ask is best understood from a perspective of cyclical motion. Time as you understand it is a linear thread, but in ac-

tuality it exists not in such a continuous nature but as focalized bits of consciousness. It is dependent upon awareness of the energetic structure of the entity and its domain at the time and the purpose to which an intent must be given energetic focalization. Hence time is not continuous but rather brief and not brief depending upon the import of it.

Please continue with your questions.

The instrument who you are working with right now has some questions. What is the significance of the tiredness in her body?

It is an adjustment. We see malfunction, maladjustment. We must take the entity deeper into connectivity to answer the questions you are asking.

What is the grounding process, and why does she feel she's swimming through cement?

This grounding process is part of a larger pattern, an overlay of energetic flow currently enveloping large portions of the etheric space around you and said entity. There is an amassing of energetic field templates that are being welded together to help stabilize the etheric plate tectonics of this local western United States. As we speak now this amassment grows larger and larger. You are helping to anchor the light grids of this portion of your world. You are light-anchoring seeds. This is why she feels as though she swims through cement. She is indeed harboring large amounts of energy.

Next question.

Am I doing this anchoring with her? Am I assisting her or is she doing it by herself?

You are indeed. It is the two of you together that act as a common seed and enable large amounts of energy to be pulsated through this local sector. It is vital that you support and help one another and, indeed, it is good that you do it.

Keeping in mind that I have a fairly logical, rational mind, I pondered if it could be real. Perhaps she was crazy. Perhaps she was schizophrenic and this was a sub-personality of hers speaking to me. Early on I expressed my doubt to the voice and asked them if they could predict a newspaper headline. They said they could and told me to watch for a specific headline on Memorial Day weekend of 2002. Two weeks later, there was the headline. I now knew I was dealing with some kind of extraordinary source. I then had to ask, "Is it positive, and can I trust it?" I resolved to tape each conversation and make my conclusion over time.

They never lectured me. They just said to ask questions, and ask questions I did. Occasionally they would decline to answer. They had to determine whether

26

it was in my highest good to know the answer or whether it would violate of someone else's free will. I asked many questions about Daphne. She was going through immense pain and grief expressing itself as panic attacks. It was explained that I was bringing up her miasmas or dross from past lives, which had been frozen in her energy field. In Christian terms, I was inspiring a dark-night-of-the-soul experience for her. She was not looking at it as something positive, but rather something to run away from. Also she was accustomed to being sheltered and protected, and I was in no position financially to make her comfortable.

I asked a plethora of questions about the book I was in the process of writing, in particular about the cosmologies presented by the Ra group concerning the dimensional shift and ascension. I was getting exactly the same answers as were in the book, and these were answers that Daphne had no clue about in her conscious mind. It was a bit disconcerting to say the least. This wild story of the David Wilcock-Edgar Cayce connection, which read like science fiction, was now being corroborated by a totally separate, independent source talking to me through my girlfriend.

In this initial phase, there were two sources that identified themselves. One was P'taah, and the other was the Council of Elohim. I did Google searches on both words. I found a woman in Australia named Jani King who was also channeling a voice that identified itself as P'taah. When I asked about this, they said it was the same P'taah.

When I did a search on Elohim, I came up with things like "creator God of the universe," "the name for God in the Old Testament," and the "voice who was talking to Joseph Smith when he founded the Mormon Church." I asked if they were the same Elohim, and they said they were "part of the same." According to the answers I was receiving, P'taah was an individual, high soul who was a member of the Ra Group. The Elohim was also a group soul. The difference between these two group souls was that the Ra group was composed of graduates of this realm, and the Elohim was outside of time and had never taken incarnations. Both groups had individual strengths and unique qualities. Because the Ra group had gone through a period of many incarnations, they had more wisdom concerning how to overcome the obstacles in this realm, but the Elohim were more angelic and could create miracles. They were able to beam what they called "lovelight" energy into this dimension. Both groups often worked together to help liberate the Earth realm. Both groups create miracles and interventions in our realm, but cannot violate free will. Thus, we had to ask. The indication was strongly made that both groups had been interpreted as God throughout our history.

I would like you to imagine how I felt during this period. Here I was in the midst of writing a book during the same period that I might be bringing forth a message, from the same source that Jesus referred to as Father, explaining the greater cosmology of the universe and soul evolution with data and information never before brought forth to the public. After two years into researching and writing the book I suddenly have a new girlfriend who spontaneously started channeling a voice that identified itself as the Council of Elohim, or the "creator God of this realm." Could they really be who they say they are? Was I making some kind of mistake? Was there a possibility that something negative was talking to me and masquerading as something positive? I didn't talk about this to many people. I was afraid that the men in white coats would pick me up and declare me insane. I was also concerned that if I publicly talked about my own personal experience, my credibility would be damaged, I would be declared a "whacko," and my book would never be published.

I had no reason to make any final decision about my experience. They put no pressure on me to do anything. They just made themselves available to answer questions. The evidence continued to mount that it was real and that they were who they said they were. Then there was my sister's miracle.

My Sister's Illness

Approximately in June of 2002, I asked about my sister's health and about whether there was anything they could suggest that might help her. Joanne had had lupus for 12 years and was quite at the affect of its symptoms. The reply was:

You're sister is sick because she uses her illness to get attention. She tends to drain people's energies; that's why you haven't seen her for many years. In three months she's going to meet with a circumstance about which she will have to choose whether to live or to die.

I was a bit taken aback by this prognosis. It was certainly something, which I couldn't broach with my sister directly. I called Danny, her son, and asked him if there were any changes or shifts in Joanne's condition and he said that it was the same as usual. Three months later I received a call from Larry, my sister's husband, who told me that Joanne was going into the hospital the next day. They discovered a huge cancer tumor in her lower back and there was a significant chance that she wouldn't survive the operation. I immediately did a channeling with the Elohim and asked if they could help. They replied that they could.

Daphne channeled the Council of Elohim, and I presented the query.

Regarding my sister: She is having an operation on Tuesday, and I'd like to request any assistance for success in that operation.

Assistance is presently being given and offered through your auspices and your helpful intervention requests.

My sister survived the operation, and I thought it had to be coincidence. I couldn't believe that because I made a request to this voice speaking through my girlfriend that my sister was alive. I never told my sister about the conversations I was having with the voice that identified itself as the Elohim. A few weeks later,

she had to go for tests to see if the cancer had returned. Larry called and said that the tests turned out negative, but that something strange happened when the test results were given. While the test indicated no trace of cancer, the nurse immediately told my sister that there was something wrong with the test because her lupus didn't show up. Apparently lupus never goes away, even when the symptoms are recessive, it still shows up in the test. They tested her repeatedly; there was no trace of lupus. I now had a miracle on my hands.

Protecting Daphne

The time line was the end of August 2002. Daphne was not doing well. She was in denial about what was happening. She said she was making it up. She accused me of being a megalomaniac. She was having increasing panic attacks and fear. I asked questions about this, and they alluded to some kind of negative attacks from other realms.

Daphne channeled the Council of Elohim, and I presented the questions.

Last night Daphne and I had a very intense experience. Did we have a greeting?

Please explain.

Did we have a negatively predisposed entity visiting us through her?

We are not at liberty to discuss this matter now.

Would that be violating the distortion of what happened?

We would say that it is best for the entity not to speak of this incident in such an open state as she's in now.

How can we protect ourselves?

Continue vigilance. Continue AWARENESS. Be very careful about the environment, and you will safeguard the protection.

So the particular physical environment makes a difference? Do you recommend that we keep candles and incense burning?

Yes.

That's a positive safeguard?

Yes.

Orientation

I didn't know how to make Daphne feel secure. I knew she was going to leave me. Early in September, I invited my longtime friend, Terry, to our apartment to witness a channeling. I felt that sometime in the future what had happened between Daphne and me was going to be important, and I wanted a witness. So we called in the light and had the following dialog with the Elohim:

On September 10, 2002, Daphne channeled the Council of the A'an, and Terry and I both presented the questions.

(Wynn) Is there anyone available to answer our questions?

We speak to you from the Council of A'an. [The Council of A'an is a division of the Elohim.]

(Wynn) Could you please affirm that you are operating from the Christ consciousness for the highest good of all concerned?

We do indeed operate out of the Christed, anointed flame of universal love and service.

(Wynn) Some general questions: Why is it that you are available to us to answer these questions?

We have always been available to those who would seek us.

(Wynn) So anyone anywhere who is sincerely seeking could find a way to connect with this kind of communication?

If that is the intent of the recipient. Our frequencies, our information, our beingness is present for those who can properly receive it.

(Wynn) Would someone have to have the same kind of connection to the higher energies as the present instrument to receive these messages?

It is what you would deem helpful. It facilitates the process of awareness. However it can be accessed by many of sincere intent in a profoundly reflective and meditative state.

(Wynn) How could someone who doesn't have the ability of this kind of channel connect with the support of your council?

By going deeply within the self for the answers you seek that are available universally to all.

(Wynn) Why is it on this level that people cannot connect with or experience often their connection with the divine source?

Because there are veils in place in this level, and they continue to be until you reach fifth and sixth density. You have chosen this as part of your evolutionary makeup. It is part of the design.

(Wynn) For those living within their veils, what can they do to penetrate through the veils?

First there must be intention, then there must be persistence, then there must be vision of that which could be beyond the veil. These combined provide the backdrop for further dissolution of the mental structures holding in a person.

(Wynn) When a person makes this intention, does your council monitor and notice this even though they haven't penetrated the veil directly?

The council notices and guides, as much as possible, those entities willing to perceive us on what you would term the other side.

(Wynn) Many entities might be highly skeptical that such a Council really could be paying attention to these things on such an individual level with so many billions of people on this planet. Could you describe a little bit how that process works? How does that noticing take place?

We see you as energy systems, as energy circuits. When there are particularly bright spots, we know to pay attention to these. The bright spots indicative of a person in your density that has tapped into the greater collective field and is, thus, accessing consciously the required information to further free him-/herself from the confines of the third density. In this manner we are able to pay attention to those among billions who are able to make the initial sojourn into the greater developmental entities awaiting higher galactic-consciousness connection.

(Wynn) Would it be appropriate to describe you as a group soul or a group of many individual energies? If so, could you explain where all those energies came from before they became part of your council?

We are what you would deem a group soul, a group matrix, a collective, an over-soul of the sixth density currently moving into the seventh and eighth density.

(Wynn) Where did the individual segments come from before joining the group or the collective?

Energy is always present. There is no beginning and no end.

(Wynn) At one point there was the one who subdivided and subdivided. So, was there not a separation of the one at a certain period of what we would call time in this universe?

There was what you would call the illusion of separation.

(Wynn) Regarding that illusion, were the members of the council separate and coming together, or was the council an initial creation from the one source as it stands now?

The question as you phrase it does not really make sense to us. We always have been and always will be. There is a process of soul evolution and integration. Your souls themselves always have been and always will be. It is more an awareness of affiliation.

(Wynn) Maybe I can rephrase. It is my understanding that at one time there were less individuated souls or energies that chose to subdivide. After this subdividing or individuation, I would experience myself as an individual soul connecting to an over-soul that connects to other over-souls going back to the source. If this is so, there was a timeline when individuation and then recombination took place, at least in the way that I've understood it. How did this really occur for this Council?

A thousand light years ago in the Andromedan system separation occurred. Re-calibration. Reintegration. Re-synthesis. This is the extent of the information we are free to give.

(Wynn) Did you have third density life on the Andromedan system, if it's okay to answer that?

At one point.

(Wynn) When someone in the third density first hears that there's going to be a change in density on this planetary system, they wonder what they should do to be able to participate in the higher choice that's available. What is your suggestion?

Open yourself to the dreams of what you want to be made possible. Do not hold back from this highest interior dream. Believe it is possible. In such way accumulate energetic force to overcome lower density limitation. Lower density limitations are fed by light energy as higher density dreams are also fed by the same energy. One is conscious, and the other is unconscious and subconscious, which is much harder to control. Remain in a continuous, conscious, holding pattern of that which you deem bearable, as you would bear light, bearable as you would want to be born by another as in the "I am" presence of the light the bearer of the light. Become that in your third density. This translates into what you would refer to as, "in love, in service and in caring."

(Wynn) This is the first time we have done this in our home with another person present. Perhaps I can ask about the appropriateness of certain things so that if we do this again, we know how to do it. Right now we have Terry Brown who is very much in alliance with the work we are doing. When we have people present, is it okay for them to ask questions or should the questions come filtered through me?

Both are acceptable.

(Wynn) So at this moment, Terry, you can ask questions.

(Terry) What is it like to be you, and what is your relationship to love and light?

This is an interesting question. We do not experience physical bodies such as you would deem them on your earth plane. We are an amalgamation of light intensities in these frequencies. Our life revolves a central purpose or focus. We experience the collective as a oneness. We build using frequency-of-light harmonics, sacred geometric forms such as would appear in your inner eye. We are not limited by those things you would refer to as earth limitations. We are not afraid of death. We do not take birth in the physical form. Our life span would number many thousands of years of your life span. We pass consciously from one density to another. We perceive holographically. We do not experience fear as you experience fear.

Does this answer your question?

(*Terry*) How does time appear to you in relationship to us? Do we seem to be much slower in thought or beingness?

Much more localized. We exist outside of what you would call time as a linear construct. Therefore, we have the option of jumping around in and out of it as you would jump in and out of a swimming pool.

(*Terry*) When you work with sacred geometry, do you put together forms or constructs or models or bodies or other things?

We use the whole, constructs of the whole, that which the whole deems beautiful, appropriate and necessary. We use the inner eye, the inner harmonics of what you would refer to as the higher octaves of light, to create.

(Terry) Do you have sections of yourself that work harder on the sacred geometry?

There are those who are what you would call specialists.

(Terry) In my past I remember being a light being and working in different densities with other beings before I came here. I don't know if it was the sixth density. I think there may be people who remember me. I don't know whether "people" is the right word to use. Is there any memory of this that you could track?

We read seventh density in your case. We read also a name, "Akoshanic," similar to Akashic.

(Wynn) And for the instrument that is doing the work right now, can you give her some counsel as to the changes she is going through as of late and how I might assist her?

The current instrument is going through severe detoxification and realignment of energy patterns, nodes and grids within the body. It is taking time and taking its toll. It is good for the entity to balance alone time with people time, with periods of quiet interspersed with periods of activity, with eating more, grounding and calling on her guides. There is intense internal trauma and doubt surfacing inside of this instrument. She has reservations as to the nature of the work that is being presented to her. She must take it at her own pace and understand that it is free will and shall not be forced. It is an integration period that is lessening in severity; however, it is notably there and shall continue to be such.

(Terry) I love your energies and I hope I will be able to stabilize myself enough to contact you directly.

It is a matter of willingness and perseverance. If you try, you cannot help but to eventually succeed.

(Wynn) Thank you.

It is in blessings and service that we give this time and information to you.

Recommended Relocation

My relationship with Daphne was deteriorating rapidly. They asked us to move to Mesa, Arizona, implying there would be support and understanding by some group in Mesa. In spite of the terrible problems we were having integrating our personal relationship, they were extremely optimistic about the cosmic potential of our connection.

Daphne channeled the Council of Elohim, and I presented the questions.

Can you explain the value of this kind of integration?

The value is that you have depth, and you also have access to the celestial realms in ways ordinarily lacking such depth and groundedness. It is as if you have a vast foundation which goes deep but also reaches very, very high. You have both.

By integrating with the entity, what are the positive outcomes?

The positive outcomes are that you would be able to have a greater service to humanity now as it stands in its current state of flux and instability.

In other words, the two of us are considerably stronger than each of us individually as this integration takes place.

We would say this is accurate.

At some point in the past, the idea of moving to Arizona was recommended. Is that still a good idea? Is there any reason why Arizona over Virginia Beach? If we didn't consider distance, is there any reason why Arizona over anywhere else?

We sense Arizona as a place energetically magnetic and particularly receptive to the frequencies with which you both are working now. It is a place that would be a fairly easy transition for you, although it may not be a final settling place. We indicate two to three years in such a place.

Mesa was recommended. Is Bullhead, Arizona just as good?

We indicate Mesa.

Is physical danger possible in this area after two to three months time?

There is always the possibility of seismic instability, however it is not for this reason you would be asked to relocate. This is something to be done as soon as possible.

Two weeks later, Daphne left. We never made it to Mesa. I was very depressed. I stayed in bed for a few weeks and didn't want to face the world. I had a pile of cassette recordings of the channelings, and I considered throwing them away. I felt like an era had ended, and I didn't want any memories. Nonetheless, I decided to transcribe the tapes. Initially I thought I would get depressed listening to Daphne's voice, but I was wrong. As I typed the words, the energy shifted, and my depression went away for a period. Then it came back. I was still working on my book. I knew what happened between Daphne and me was important, but I was in a funk and didn't know how to get out of it.

The Process Evolves

I called Terry and asked if she would consider spending the night with me. She came over and, in the middle of the night, woke me up and asked me to get the tape recorder out.

This couldn't be happening. A voice came through Terry and identified itself as the same Elohim that spoke through Daphne. They said they made the connection with Terry at the session where I invited her to observe the channeling through Daphne. I thought Terry was making it up I thought she was jealous of Daphne and wanted to be important to me. I couldn't believe it, and yet there was a resonance. It didn't sound like Terry's manner of putting thoughts together.

I spent the next two months asking questions and, finally, I was certain that I was speaking to the same intelligence that spoke through Daphne. I asked questions on behalf of others, and I asked questions about Daphne. The Elohim patiently answered everything through Terry.

About Daphne and Petitioning the Elohim

Terry channeled the Council of Elohim, and I presented the questions.

Do you have any suggestions how I can relate to the experiences I am going through regarding Daphne?

Daphne is an extraordinary being and channel. She has her own things that she is dealing with. It cannot be forced. She will need to come to her own mind. She is an inviolate being. You cannot force or violate that. She is a radiate, beautiful being and channel with clear energy in her own right. Honor and respect that, and she will get it. She's a delicate sensitive spirit that needs to be nurtured for herself and allowed her freedom to expand into her realm. Honor and cherish her, and she will grow and expand. It's only in this way that you can reconnect at the highest.

There's a basic connection there but she needs her freedom, the freedom to be herself and to be honored, to know that she is loved for her own creativity and joy and beauty. She's a very sensitive musician. One of the finest ways you can connect with her is by honoring that and not by indicating her music is like "white noise." Honor the part of the music that you see as pure joy expression, which is the best of what she does. Honor that. Set up circumstances for joy, and play music. If you can find this expression, you can be together again in joy through honoring her and letting her shine, not for taking the shiningness for yourself.

Regarding my feelings, what's the best way to get these through my system so I can function best?

Realize that hurt feelings are based on past similar experiences where the past experience magnifies the hurt of the present. Seeing Terry helps to clear some of that. She lets you talk and get out some of the feelings. She lets you feel you are loved. Realize that you are loved and that you are doing the work other people are not doing and cannot even see. You are very needed, though not everyone will see this. People have there own growth patterns, and when they don't understand, it is not personal. All things can heal in time. Above all, don't take it personally.

Through Daphne we were dealing with many of the various councils: A'an, etc. How is the Elohim organized? How many councils? How many individual soul fragments? How does delegation work within the Elohim?

There's one great being that is the overseer, and within that are a number of groups. There is the Council of A'an, which is five beings. There are the groups that work on sacred geometries and light creation; there are three groups that oversee this function. It's a working community.

What area of the universe is the Elohim responsible for overseeing?

We oversee ourselves. We interface with earth. We coordinate with sun and star systems.

The Milky Way, or more than the Milky Way?

The Milky Way is your galaxy. It's more than your galaxy.

Are different groups delegated toward different areas or different functions regardless of the area?

Different functions.

So the Council of A'an could be on earth or on any other star system according to function?

Yes.

So what's their function?

Translation and coordination between communications to possible beings that would communicate; translation between the language of the Elohim and the language spoken to the interface.

Are we in communication with the Council of A'an through Terry?

Yes, this is the Council of A'an.

Do the other councils also have names?

Some of the names aren't translatable. They are mathematical.

OK, is there anything else that would be important for Terry or me to be aware of?

To stay grounded, because you do live in the physical plane, so you negotiate your surroundings with agility and awareness. We enjoy speaking with you. Our connection is very rare, and we love you both.

When we ask a question on somebody else's behalf, it seems like there's an energetic exchange that occurs with the Elohim that starts between the Elohim and that person, if the person doesn't block it. In a subtle way one's inner self opens and becomes more aware. Is this accurate?

You are correct because of the very nature of asking the question in the interaction between the Elohim and the individual. There is an exchange wherein we access that individual's memory and conflicts of vibrations. When you ask about that person, the attention goes to that person.

Does it stay there on an ongoing basis after the question is asked?

It's put there as a beginning of a track, and it's made a road so the access can be gained at any time. The energy can flow along the path that is opened at the time you asked the question, and the answer is accessed.

So really it's a good thing to be asking questions, because we are not just setting up an answer on the mental mind level; we are also setting up an energetic track. So whether the person believes it or not, or accepts it or not, there is still a process that is begun. Could we say that?

There is an open pathway for a process if the people choose to follow it up in their own consciousness. When the track is opened, a change is occurs in that person due to the track becoming open and due to the track of the Elohim connecting with the person. So it's a track where the energy can transfer at any time, and the person can then rely on that track in a very subconscious way.

Suppose I'm not with Terry and I talk with somebody wishing the Elohim to give them a blessing. Can I access you by my own petition, or does it have to be from Terry?

You can access through your own petition, because we're always with you. We monitor your actions. We are there to support you because you are there to support us. It's a mutual support, so you do not have to go through Terry.

So what is the way to communicate a petition to you? Should I ask it orally, or should I write it down? What is the best way?

It is connected, not with the means of how you do it, but in your intention and your directing the question to us no matter what way you do it, orally or in writing. Of course when you write it, you think it; so that's a double way. The nature of your connecting by your intention to us is also connected with the way you would direct us to the party that you want to ask about. By whatever means you choose, it is the directing of your question to us through your—sometimes the language is difficult because it's not in English—connection with energy points of who you're talking about, through your thought patterns of who you're talking about, through your pictures. We get it through all means that you think. So the clearer your thoughts, the more clearly the object of your thought patterns is directed to us.

Keep in mind that during this amazing period I was going through, I was also in the midst of writing the book *The Reincarnation of Edgar Cayce?* There were very few people with whom I shared what was happening, and most thought I was nuts. I didn't want my credibility damaged, and I didn't want David to be any more concerned than he was. He had enough anxiety about how the world would respond to the extraordinary claim that he was Cayce in his past life. How would he respond to the fact that his chronicler was immersed in his own personal experience of inter-dimensional communication with a voice that identified itself as the Creator God of this realm?

Eventually I did share with David what was happening with the hope of getting his take on it and perhaps even his confirmation that I had a positive source, but his level of anxiety only seemed to be increased. There was the concern of how this would look to others and of the impact on his credibility. Then there was the concern about letting "negative sources" anywhere near his work. I was quite protective of the book, but it took me a long time to be sure that the voices speaking with me, who identified themselves as the Elohim, were positive and were really who they said they were.

I'm writing this introduction to their channelings because I want to share with you, as accurately as possible, the circumstances of this encounter. I realize the controversial nature of all this and, as I said earlier, you, the reader, have to go through your own process of determining the validity of this work. If I am communicating with the Elohim, what is being shared is extremely important for our own evolution and for the evolution of the planet from a viewpoint that we rarely have access to.

There was this strange request made in the channelings though Daphne to go to Mesa, Arizona. I couldn't figure out what was special about Mesa. I asked if it would be worthwhile for Terry and me to take a trip to Mesa. They said that it

was more important for Daphne and I to go, but that Terry and I would learn something from the trip as well. Terry was not able to move to Mesa. She had a good job and owned a condo in Pasadena. Nonetheless she agreed to spend the weekend in Mesa, which was about a seven hour drive from Los Angeles. The events which transpired in Mesa put me over the edge.

We left on a Friday sometime during February 2003, driving all night and booking ourselves into Motel 6 in downtown Mesa. We slept in, and when I woke I picked up the Yellow Pages. I was convinced this would be a wild goose chase. How was I going to find someone who was interested in these channelings in a day-and-a-half? We would have to leave Sunday so Terry could get back to work in time for work on Monday.

I picked up the Yellow Pages and started browsing, looking up book stores. I was looking for a metaphysical book store. There were none in Mesa. Then I looked up churches. I was looking for a new age metaphysical church of the living love or something like that. There were no new age churches but I immediately took note that there were many Mormon Churches in Mesa compared to all the others. Terry and I went to dinner at Mimi's Restaurant, and I asked the waitress what Mesa was known for. She answered, "Mormons." I remembered when I did the Google search of the word Elohim some months earlier, one of the sites that came up said that Joseph Smith, the founder of the Mormons, was communicating with the Elohim.

We did a channeling Saturday night, and I asked them if they meant for me to introduce myself to the Mormons. They said, "Not the entire church." There was a small group who would be very interested in what was happening to me. I asked them how I would find this group since there were 60-some churches in Mesa. They said to go to the church on a particular street. I browsed through the churches and, sure enough, there was a church on that street.

It was Sunday morning, and I asked Terry to wait at the Motel while I attended the service. I was anticipating having to make a quick retreat. After sitting through the service, I went up to the Bishop and asked him whether he had time to talk to me. I had come all the way from Los Angeles to be there. He invited me into his office. I'm sure he thought he had a potential convert. I opened the conversation by telling him that I had two consecutive girlfriends who had a voice coming through them which identified itself as the Elohim, the same Elohim they worshipped, and that I was guided to attend his service in specific when they identified his church by street name.

He listened to my story for two hours. When I was finished, he told me that Mormons believe that anyone can be a prophet and that he was not going to dispute my experience. Then he asked me if I would share the story with three of his church members. I called Terry and told her what was happening and she agreed to take Monday off from work so we could attend this meeting.

Monday morning we went to the home of a high member of the church. This time I brought Terry with me. I began telling the story to rapt attention. About 30 minutes in, Terry interrupted and said they wanted to say something. My jaw dropped; I couldn't imagine what would come out of her mouth next. It turned out to be very simple and when she said it, there were tears in the eyes of those present, including me. The message was: "They want you to know that they're listening to your prayers." We drove off in somber silence. I knew that who I was talking to was the same as these people were worshipping.

In the Beginning; More on Daphne

There were many more profound unfoldments over the next few years. Daphne and I kept in touch. She had tried to reconcile with her husband but he had no interest. She was living with her Aunt in Atlanta, Georgia giving piano lessons. I emailed her channelings and told her the story of what happened in Mesa. We attempted to get together again. I flew to Atlanta, and we drove across the country in her car. We had an amazing set of channelings during this period. Here are a few excerpts.

Daphne channeled the Council of A'an, and I presented the questions.

Is the Council of Elohim present?

We are ready to speak. Ply us with your inquiries of the present moment. We avail ourselves to you as representatives of the Council of A'an and the collective galactic star seeding system of the local Andromedan star-gate system overseeing in the belt of Orion. Have you any questions this morning as you awaken in your new location on the mesa in the plains of the sacred territories of the stones that speak of the histories of the galactic empires and the awakening consciousness of humans and the terrestrial brothers of the planted seeds of the elders? Proceed as you will in this junction of your space and time. We applaud you. We give you hope and courage. You have made a definite foray into the next density of the next millennium consciousness that you hold now in the grid templates underneath your very feet.

In the process of ascension, are the majority of people going to enter interdimensional spaceships that are going to ascend?

We would not say spaceships. We would say inter-dimensional portals. They may appear to some people as spaceships making it easier for them to understand what they are doing.

Would one expect the negative forces to also provide portals?

This is a possibility.

Is it possible for someone to be fooled if they are not prepared with prior knowledge or discernment?

Yes.

yes.

So this knowledge and discernment could be very important?

Ultimately all roads lead to God. Howver, in the short term,

Regarding political changes, earth changes, anything pending?

Unfortunately we see a pending unsatisfactory result of Bush's stand with Iraq. Prepare yourselves psychologically for an invasion of sorts.

Terrorist activities would occur?

This would be part of the equation. We see invasion mentality.

Do you see the possibility of nuclear weapons?

Unfortunately, it is a possibility, although there are safety measures in place.

Are those safety measures inter-dimensional?

Yes.

Is there anything Daphne and I can do?

Pray, meditate, hold council in your living room. Do exactly as you were doing this evening with others present. Share this knowledge. Share this access. It is indeed a strengthening tool, a healing tool. Do not act as though you are alone.

Thank you for answering all our questions and being here for us. I do have one more thing. In researching the Elohim, they were described as one of the Creator Gods of the solar system. Are we talking to the same Elohim?

We are a division of what you would say.

So when the original one infinite creator broke off and started creating this universe, where did the Elohim enter?

Into the third dimension.

Into being, into existence?

Etokorena.

That's the location in the universe?

Yes.

And in earth time, how long ago?

78 billion years ago.

At what point did the Elohim participate in this solar system?

Four million years ago.

What was the incentive to start that interaction in this solar system?

To protect the fledgling humanoid species.

This was four million years ago?

Yes.

On this planet?

Yes.

Was that the first instance of humans on this planet?

That we are aware of.

Was the human population bred here or brought from another world?

A combination of both. They were both brought and bred.

I believe the Mormon religion was started as an interaction between Joseph Smith and the Elohim. Is this the same Elohim?

Yes.

The same council that we're speaking with right now was the same council having an impact on the beginning of the Mormon religion?

Yes.

We are honored to be in communication with you. Thank you for answering those additional questions.

We take leave of you now and bid you farewell in the light and love of the infinite creator.

Again, Daphne channeled, and I asked the questions.

Again, are you coming in the Christed Consciousness? The Highest Good of all concerned?

We come in the name of the Golden Light of the Christed one with the intent of unconditional Love and Service for the highest developmental and evolutionary aims of Humanity at this juncture of your space-time.

Please continue with your query.

With whom are we speaking?

We are the Solar Matrix, the Solar Logos, of the Christed One. We speak in the names of Ra, P'taah, the Elohim, and the Angelic Councils

I think the big question is, how can Daphne protect herself from these negative attacks?

The entity, of which you speak, Daphne, is extremely vulnerable at the present juncture. She is very wide open, and her frequencies are attenuated to vast cosmic scale. It would behoove her to ground the en-

ergies by said mantra of AUM, and of certain Sanskrit lineages of the P'taah. This would help her to amalgamate the dissociative energies now flooding her system. These should begin a clearing process within the next 42 hours. In certain ways these are ancient vestiges of held belief patterns incarnationally embedded and now being dredged up, so it shall pass. Do not leave the entity at this time; she is very vulnerable and doesn't completely understand herself, nor does she have control in a way that you would expect. The energies so entirely pervade her system, she does not know how to stop them, and it is not even in her consciousness that she CAN stop them, for she mistakes the thoughts as her own. Do you understand?

I understand. When I am in her presence and this happens, what should I do?

Go to the entity and hold her. Hold her especially in the areas of the heart and the head. Hold her, and tell her that you love her, that you accept her unconditionally, and that what she says that is of a negative influence shall pass. Especially do not withhold yourself from her at this time; it is when you are most critically needed, and it will make this stage pass quickly.

Anything regarding our sexual connection that helps ground her?

Yes, very much so. She needs to be held, especially held, even during her most "ugly" moments, as you would say.

When she's having an "ugly" moment, is there any positive benefit for me to scream at the entity, or does Daphne internalize that as screaming at her?

If you can make it conscious to Daphne, in such a way that you can tell the entity directly to GET OUT of her and to leave her be, that it does not have her permission to be there, she could understand this and tolerate it. This would be quite beneficial; it is an exorcism, if you understand our meaning. Do you understand the meaning?

I understand the meaning.

It is as if you must perform an exorcism. You must see this as a kind of "demonic possession" of your beloved. It is not her; they are using her as she is a very, very sensitive channel, and a powerful one. Again, they are using her; they are magnetized to anything that sparks of light.

That is a great help, is there anything else that we should know?

The next few days are highly critical. Take care, and be well now. You have gone through the worst of it, and you are being prepared

for the next four weeks. Do not—we reiterate—do not let anything pull you apart now; it is very, very important.

Thank you for coming forward and giving this information.

You are highly welcome, it is always our choice of loving intent to serve in the highest way that we are enabled. May the joy and the love of the Christed Light of the infinite source of the law of One permeate your conscious beings and flood your cellular memories with ecstatic joy, and transmute your DNA from the limited domain of the two strands into the multiplexed six, seven, eight and eventually twelve strands that will enable you to achieve the sixth, seventh and eighth octave densities of stellar awareness as the Earth ascends in her frequencies of electromagnetic spectrum acceleration. The so-called Schumann resonance will "kick up" the old debris in the cellular matrix, especially in those entities, such as your beloved, who hold vast cosmic knowledge within their cellular structures, the gatekeepers and librarians. Help her to want to live in the body, and not to abuse and to misuse it.

Additional Concerns

Daphne would leave, and Terry would fill in the spaces.

Even though the sources would represent themselves as the same, there was definitely a difference in the manner in which the material was presented. Daphne was somewhat divided as to the value of the channelings. She would go into doubt and declare she was making it up. If the sources who were communicating with us were who they said they were, it was an awesome responsibility. Once one accepted it as real, one would have a hard time avoiding the responsibility.

Terry embraced it more than Daphne. Terry also was not susceptible to the kinds of negative attacks that Daphne endured.

Terry has demonstrated the patience and love of a saint concerning her selfless understanding of the connection between Daphne and me. Many times the channelings through Terry would be counseling me on how to get back with Daphne and although that was not the first choice of Terry's conscious self, she understood the importance of the connection between us and gave it continued support.

At one point I asked whether Terry was someone famous in history and they told me to look up St Catherine of Sienna. I googled St Catherine and learned she lived in 1300 AD. A couple of additional striking facts came up.

I learned in writing the book, *The Reincarnation of Edgar Cayce?*, that people tend to resemble their past lives. Their DNA is recorded by their soul when they die, and when the soul enters the new fetus, it programs that fetus with the DNA of its past life. Terry, it turns out, has an extremely close physical resemblance to St Catherine. Note the three photographs on the next page: the first and third of Terry; the second of St. Catherine.

St. Catherine was recognized and canonized by the Catholic Church because she was recognized to be having dialogs with God. She lived in a monastery, and the other nuns would transcribe her words. Her dialogs with God are officially recognized literature within the Catholic Church.

So Terry was the spitting image of St. Catherine, and both St Catherine and Terry were channels. I've included an excerpt of one of St. Catherine's Dialogs with God. I believe that it was the Ra group speaking through St. Catherine. Since she was channeling in a Catholic monastery, they had to tie in the guidance very closely with Jesus, but the nature of the wisdom and the council is very closely aligned with the David Wilcock channelings in *The Reincarnation of Edgar Cayce?* and the Carla Rueckert channelings of Ra.







St. Catherine's Dialog

From *The Dialogue*, translated and with an introduction by Susan Noffke. Mahweh, N.J.: Paulist Press, 1980.

I would have you know that every good, whether perfect or imperfect, is acquired and made manifest in me. And it is acquired and made manifest by means of your neighbor. Even simple folk know this, for they often love others with a spiritual love. If you have received my love sincerely without self-interest, you will drink your neighbor's love sincerely. It is just like a vessel that you fill at the fountain. If you take it out of the fountain to drink, the vessel is soon empty. But if you hold your vessel in the fountain while you drink, it will not get empty: Indeed, it will always be full. So the love of your neighbor, whether spiritual or temporal, is meant to be drunk in me, without any self-interest.

I ask you to love me with the same love with which I love you. But for me you cannot do this, for I love you without being loved. Whatever love you have for me you owe me, so you love me not gratuitously but out of duty, while I love you not out of duty but gratuitously. So you cannot give me the kind of love I ask of you. This is why I have put you among your neighbors: so that you can do for them what you cannot do for me: that is, love them without any concern for thanks and without looking for any profit for yourself. And whatever you do for them, I will consider done for me.

So your love should be sincere. You should love your neighbors with the same love with which you love me. Do you know how you can tell when your spiritual love is not perfect? If you are distressed when it seems that those you love are not returning your love or not loving you as much as you think you love them. Or if you are distressed when it seems to you that you are being deprived of their company or comfort, or that they love someone else more than you.

From these and from many other things you should be able to tell if your love for me and for your neighbors is still imperfect and that you have been drinking from your vessel outside of the fountain, even though your love was drawn from me. But it is because your love for me is imperfect that you show it so imperfectly to those you love with a spiritual love.

The Reincarnation of Edgar Cayce? was accepted for publication by North Atlantic Books in Berkeley and was released in 2004. Most readers believe the case is made. The message of the book is widely affecting people, as evidenced by the great reviews and reader comments. The book was presenting the words of

the voice that identified itself as the group soul, Ra, and my personal channelings apparently were coming from the Council of Elohim. I asked questions to try to understand the difference.

Differences between the Entities; Invoking a Healing

Terry channeled the Council of Elohim, and I presented the questions.

Could you describe energetically the difference between Ra, the Elohim and P'taah?

Ra is more of a male energy. Elohim is more of a female energy. We are more involved in sacred geometries, and we are able to work in smaller spaces. We don't look at the grand sweep as much as Ra looks at grand sweep, although we can sweep over the earth and we can see patterns of energies located in specific areas and isolate them. We can ask for energy associated with a particular situation. Those energies show up for us. Ra is a broader sweep. P'taah is an individual. Ra is a group. Elohim is a group. P'taah has his own personality and his own delightful way of looking, talking and seeing the world. He has his own delightful energy.

A little further clarification: Since the Elohim gave my sister a healing, at my request, is that something that would be appropriate to ask for other people? Can Ra also do that kind of work, or is Ra's work different from that?

Ra can heal, and you may always ask for a healing. However when you ask, you must realize that it is not only the entity you are asking who is involved in the healing, if it is given, but it is also the person who is being healed. A certain agreement is needed from the person who is being healed, or the healing will not occur, because it is the person and his or her attendant systems that are being healed.

Can this kind of agreement occur on the inner levels, or is it something one must to agree to consciously?

It can happen on the inner levels. The person does not have to have consciousness of it, although there has to be agreement on the unconscious level.

During these first few years, from 2002 through 2004, I was going back and forth between Daphne and Terry. Each had a different slant in the way the channeled information was delivered. Daphne was more authoritative and aloof. Terry was more philosophical with warm fuzzies. Daphne was prone to negative attacks, and certain kinds of questioning about negative entities were off limits. Just asking about them could provoke an attack. Terry seemed to be able to handle these questions without getting attacked.

Excerpts

Part 2 of this book is primarily a compilation of Terry's channelings. Here are a few excerpts from the early period. Terry channeled the Council of Elohim, and I presented the questions.

Could you describe how the present world order corresponds to the Luciferic fall?

They are tied in, but the Luciferic fall is a continuous thing. There are various mechanics where this happens, where evil gets magnified and perpetuates other evil. So it perpetuates its own line and spreads. Of course, they do not see themselves as spreading evil. They think the actions they prescribe are in the best interests, long term, for humankind. They don't see their actions as negative. Everything makes a whole; it's sort of a puzzle that fits together. Although they might not see it as evil, someone else will see it as evil, if you follow the chain of need, the chain of reasoning or the chain of greed. Each person feels he is working in the best interest of the self or the best interest of others. So, each feels it's in his best interests and is working toward what he believes is best. Even though a person may be doing great evil, he will have his own distortions that have led up to his ultimate actions and his thought forms.

How long ago did this Lucifer thing happen and can you describe how it took place?

There have been many breakdowns past the memory of your civilization, past the memory of any Lucifer thing. It is a repeating cycle. It's like a great breaking away from heaven: a wanting to be free from bonds of constriction and conformity and a wanting to have a division of duality so people can learn to come back to the light of their own free choice, coming to choose the light rather than having to stick to it by conformity. There have been many cycles of this in the universe with many tracks.

Are you looking for a specific event with a specific angel?

Was there a specific angel?

Lucifer has a very long track. It's like a breakdown over time, a continuous splitting away. There are many beings that have fulfilled this function throughout time other than the one known as Lucifer. It starts with discontent over the way things are. You have to take into account all of creation, because Lucifer became contaminated with other beings. Lucifer as a being became angry and broke away, more than millions of years ago. Perhaps a billion years. Lucifer did not ar-

rive at it in one fell swoop. Lucifer worked into it when he became enraged. Lucifer has been affected by other factions. It is not just Lucifer himself that goes off halfcocked and rages on. Lucifer is picking up the undercurrent, the underlying beings that have become entrapped in the Universe. In a way, Lucifer is the spokesperson of those beings who are enraged with waiting and getting trapped and staying trapped. Lucifer isn't just an oddball sticking out there; he's a whole part of the puzzle. He is one enraged being and he's finding his way in his own way.

Does this answer your question to some degree?

Where is Lucifer right now?

He's one of the guardians of the area of discontentment and he would not be in a location of physicalness. He's in a spirit body, and as a spirit body, he can come and go to different locations of discontent. He appears and disappears. He shows up in areas of discontent, and he fans the discontent. He thrives on the discontent. Discontent pleases him. It feeds the areas of him that is the spokesperson. He finds areas of discontent and gives them a voice. We do not judge Lucifer. He is part of the puzzle. He has no home in a way, although his home would be in the area of discontented souls, which does not have a physical location.

We are toused. T-o-u-s-e-d. We are toused. We are toused. We want to again address our people through the channels wherein we addressed our people before. It's a construction in a way that is not exactly our construction. It's a construction that we are or were attempting to do. The structure is there, but it's lacking the head. We wanted to bring through fresh information, fresh projects for revitalization and growth.

We love Terry, but she is perhaps not the right person and is slightly divergent in direction. She is someone to throw herself—as a partner for you—behind this to make a whole, as was in that lifetime. We are toused; it causes you to regroup.

It would be good to visit Mesa to rekindle the energy, you and Terry. You have done well to remember thus far.

We still love Daphne, and we rock her in our cradle of unseen healing vibration.

So then, we want to speak to you through Terry. We condense the wisdom out of many and a pouring of love, caring and concern and some anxiousness for our people. Your work is looked on well. We wish that Daphne was involved. We have wished her by your side as was before. So we regroup and look towards a release of the whole.

We have something to say; we aren't from your sphere. We're from.... On we go in the never, ever land.

Recapitulation

I'd like to do a quick recapitulation here of all the circumstances which I've presented thus far:

- ◆ In 2000 I began the research and writing of the book, *The Reincarnation of Edgar Cayce?* The book presents an extremely compelling case tying David Wilcock to Edgar Cayce against billions-to-one odds. It then introduces the alleged "source" of both Cayce and Wilcock who identifies itself as a group soul of billions of individual souls who graduated from this level. The group soul refers to itself as Ra. Ra explains that our planet is in the midst of a dimensional shift, the end of a 75,000 year cycle, and there is nothing in recorded history to prepare us for this period. The Mayan calendar end date of December 2012 as well as Jesus' prophecies of ascension are connected with this period. It is up to the reader to decide if this is true, since it is not information I could directly validate.
- ◆ In April 2002 I met Daphne. Shortly thereafter we moved in together. On a drive from L.A. to Portland, she spontaneously started to channel. For the next six months, a voice communicated with me through Daphne that identified itself as the Council of Elohim. I Googled the word Elohim and found definitions like God of the Old Testament, the creator God of this realm and the group who was speaking to Joseph Smith when he founded the Mormon Church. I asked the voice if they were the same Elohim, and they said, "Part of the same." They were also a group soul, but they had not taken incarnations in this realm.
- ◆ Daphne and I were initially together for six months, from April through September 2002, during which time a number of significant events occurred with the Elohim. They correctly predicted a newspaper headline and the day it would happen. My sister had a medical miracle where lupus disappeared from her system.
- ◆ I asked the Elohim many questions about the premises of the book I was writing, and I received the same answers from them as were being written in the book espoused by Ra. There was confirmation about things like the dimensional shift, ascension, and the nature of the Ra group.
- ♦ In September of 2002 Daphne left. Shortly thereafter my longtime friend Terry unexpectedly started to channel. The voice coming through her identified itself as the same Council of Elohim that I was communicating with by way of Daphne. After two months of asking questions, I was convinced that it was the same source.
- ◆ In February 2003 Terry and I went to Mesa, Arizona, and I was guided, by street name, to visit a specific Mormon Church. The Bishop listened to

- my story and, to my surprise, invited me to share it with three of his church members.
- ◆ Later in 2003, I put up the www.conversationswithmygirlfriend.com website telling the story of what happened. I left myself and the two women anonymous.
- **♦** *The Reincarnation of Edgar Cayce?* was released in March of 2004. It was published by Frog/North Atlantic Books in Berkeley.

The Sense of All This

So what is the significance of all this, and how can it benefit you?

I would say that there are three areas of great importance. First there is an explanation for the manner in which the greater Universe operates which, to my knowledge, has never been presented to mankind with such detail from a first hand source. Next there is the understanding of how soul evolution works over a continuum of multiple lifetimes and counsel on how to speed up your own evolution. Finally, there are the keys to making your own energetic connections with the two group souls, Elohim and Ra.

In this chapter I would like to present an overview of cosmology before I present the transcripts of the dialogs with the Elohim as channeled by Terry. Let's look at the universe and consider that it is alive, and it is one being. It's kind of like your own body that, although composed of billions of cells, is one consciousness. You never talk to your individual cells directly, but there are groups of cells, that communicate to other cells, like your heart, your lungs, your brain and your circulatory system. This is analogous to the manner in which the universe operates. The two major regulatory agencies are the two group souls we have been referring to, the Ra group and the Elohim group.

So each of us is part of all that is, i.e., individual cells making up a oneness. Because of the veil of forgetfulness in this realm, we have become disconnected from the awareness of being part of all that is, so we experience ourselves as separate isolated entities.

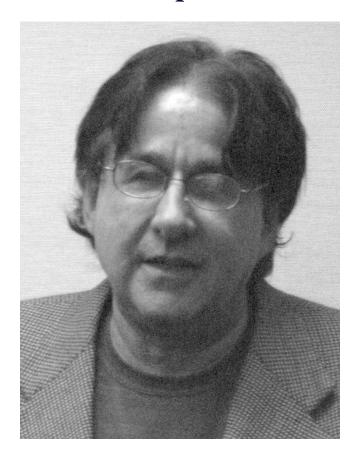
Even though this veil limits our conscious awareness, it is possible to penetrate the veil and come into a greater awareness of our expanded matrices. The group souls have, throughout the history of humankind, made attempts to reach us and provide us with people and tools that could represent their energy in this realm. When we learn how to resonate with their energy, we can connect with them. Connecting with them energetically is a first step in connecting with each other energetically. The two work hand in hand.

We are presently at the end of a 75,000-year cycle. There is a graduation of sorts taking place on Earth that will lead to a division of souls in future lifetimes, some going to the higher paradigm earth of the fourth chakra and many having to repeat the third chakra lessons. Cycle repeaters will be moved to another planet in another star system to repeat the third chakra experience. There is still a short time to redirect one's destiny if one so chooses.

Photos of the Principles

Wynn Free

Wynn is the author of this book, and he presented the questions in the dialogs.



Wynn Free & his sister, Joanne

Joanne had a miracle of healing as a result of Wynn's dialogs with the Elohim. This photo was taken many years ago in Philadelphia.





Terry Brown

She is one of the channelers of the messages in this book. She also presents a few questions.



Wynn Free

He has expressed himself as a songwriter, poet and artist. Here he is looking like an artist.



Wynn Free & legendary songwriter Brian Holland

Wynn and Brian wrote songs together. Brian was part of the legendary Holland-Dozier-Holland song-writing team of Motown that wrote and composed most of the melodies for the Supremes and the Four Tops.



Daphne K.

Daphne is the original Channeler of the messages with Wynn from the Elohim in 2002. This picture was taken on the grounds of Motel 6 in Arcadia, California in 2002 shortly after Wynn and Daphne first met.

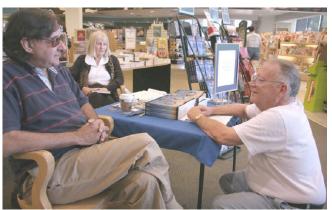
Daphne K.

Daphne withdrew from her channeling activity with Wynn and moved to Cape Cod, Massachusetts where she teaches piano to children.



Wynn Free

Wynn is at a book-signing at Barnes and Noble in Flagstaff, Arizona in 2005. Terry is in the background.



Barry Morrow & Daphne K.

Barry Morrow is the Academy-Award-winning screenwriter of Rain Man. Barry met Wynn in 2002 when Wynn pitched him on the idea of doing a movie about his book, The Reincarnation of Edgar Cayce? A few months after their initial meeting, Barry learned about Wynn's channeling experiences with Daphne and thought it would be a much better movie than book. This photo was taken in 2007.





Daphne K. & Wynn Free

Wynn and Daphne are doing a rare public channeling at the Holistic Living Expo in San Diego in 2007.

The Dialogs

Earthbound

A poem by Wynn Free

How did we get here? Where did we come from? Where are we going? Is there a reason behind the rhyme? One thing is certain, Whether we are here By choice, chance, Or happenstance. We've got to make the best of it Which isn't very easy Considering the sad state Of earth's affairs. Finding love In between the cracks Through all the obstacles Not just the love of another But the love of all others. The love where is oneness. Where you can see through, No matter how dense, This fog, This illusion Called life. Where you can find that wherever you look, There you are And there is God.

Meet the Elohim

It is irksome to be worshipped, because worship creates a division.... It creates a falsehood, a fallacy, and it creates a break in the communication between the two. ... Worship tends to deaden the brain and to place one at a disadvantage. It tends to close down the channel of communication and say: "You tell me everything. You tell me what to do. I will follow you. I will do what you say." This is not the kind of connection we are looking for. We are looking for the type of connection where there is a mutual respect and equality.

Council of Elohim

Terry channeled the Council of Elohim, and I presented the questions. Who are the Elohim, and why are they connected with the evolution of the human race?

We are a soul group whose purpose is to bring life and life forms to planets such as earth. We then work with the life forms in the hope that they will align themselves with higher inter-dimensional energies bringing heaven into the third dimension, transmuting third dimensional experience into a fruitful playing ground for learning the lessons of love, and bringing wiser entities back into the fourth and fifth dimensions.

Why doesn't the origination of life start out in a higher dimension instead of going through a dimension which is so difficult and challenging?

Life starts out beyond the dimensions. Dimensions are a limiting factor, a focusing mechanism for life. Each dimension has its own lessons. The third dimension is a lesson in limitation, against odds, to temper and strengthen a soul.

Was the Elohim responsible, totally or partially, for the origination of life in this dimension?

Life is everywhere. Life is. Life is beyond origination. It's the starting factor for everything. The origination of life by the creation of focusing mechanisms for life to express itself through is one of the jobs of the Elohim. To present focusing mechanisms, and in the implementation of this, become adept at mathematics, geometries and rearrange-

ment of intentions within the mathematical shapes that then allow for focusing mechanisms for life. The intentions, once originated into the dharma of the receptive life, continues in a geometric focusing state allowing for life forms to express themselves through this multifaceted arrangement of geometric intentions.

When exactly in the history of our planet, in time as we measure it, did the Elohim begin an interaction with life forms here, and how did that start? What was the original plan?

There have been numerous starts and stops in the history of earth. We began to focus on earth at various times aiding and fanning the hopeful family of humans into prosperity.

After the Atlantis disaster, we hoped to renew the life force, sending Elohim star-seeds from other sectors to reseed the earth plane, hoping to establish a strong connection between the annunaki star-seeds on earth and the Elohim. We became discouraged at the divergence of these Star-seeds into Earth activities and their forgetfulness of their Elohim origins.

Again with the Mormons we began to send Elohim souls to be born in the waiting arms of their earthbound fathers in another attempt to penetrate the earth plane and bring light, wisdom and love to your planet. Under Joseph Smith we had the vision of a clear connection between the celestial Elohim and the Earth star-seeds. [Here the Elohim are referring to the foundation of the Mormon Church by Joseph Smith.]

The veil has clouded the connection. As you reached out for us, we reached back, but the interaction of energies was dispersed by the veil. The human being is a composite and, as such, it contains within it factors of the veil. The veil, then, is difficult to reach through; it is difficult to focus directly on the connection to the Elohim or other soul groups. [This is a reference to the Ra group.] We hope to make the circuit whole and complete between the Elohim star-seeds and their fathers and to communicate to each of you that we are there for you. We love you. When there is a whole and complete connection, we can co-create miracles with you, we can strengthen and support you in this difficult realm, and we can bring you into the rightful expression of your full potential, thus helping us to ground and manifest the joy and love of the celestial realms into the earth plane.

It is not due to the lack of diligence of the Elohim star-seeds that the connection is not made. [An Elohim star-seed is an Elohim who volunteered to take an incarnation on Earth usually with the intent of uplifting the planetary vibration here. In most cases, once that soul is incarnate in this realm, they forget their original intent and lose their connection with the celestial Elohim] It is a subtle shift in awareness that is needed to complete the connection. The homing signal of the Elohim is interwoven in the words we are expressing now. All those who have been or desire to be connected to the celestial energies can find a beacon in the energies flooding in with these words and the words to come.

We honor the diligence and the passion of the Elohim star-seeds in their desire to communicate with us. We see their reaching out to us, and we long for the connection to be completed. Listen to our response to your prayers. We are there for you in love, in light and in abilities to have miracles and coincidences. We enhance and give wings to the creation of answers to your prayers. We offer this, not just to our star-seeds but to all those on planet Earth who resonate with our energies and who reach for our help.

Throughout history the name Elohim has appeared as the God of the Old Testament. Could you explain the Elohim's activities in the Old Testament? Was the Elohim involved with Moses when he got the 10 commandments? Was the Elohim involved with the biblical prophets that believed they were receiving messages from God? Ra is another group soul involved with the evolution of humankind. How have the Elohim and Ra interacted in this process of inter-dimensional connection with our planet?

The Elohim and Ra are indeed interacting. Ra is a basic foundation, providing love and sustenance for much of creation. We work with Ra and are blended with Ra. Our actions are more directed towards providing focusing devices to connect in a more specific way with life forms. Ra connects in a more general, sustaining, and loving way with life forms. We are more ready to work with life forms because of our history in the creation of life forms and because of our manipulation of mathematics and the geometrical structuring of forms. As to Moses, we were indeed with Moses, and we were with his people tracing through the family lines working with groups with the hope of keeping connections between the Elohim and the groups open.

You mentioned that you were involved with King Solomon. Specifically, how did you work with King Solomon? Were you able to communicate directly with him? Did he have people around him who were channels that allowed him to communicate with you? Were you involved with miraculous events occurring around Solomon? How did it manifest?

We were able to work through Solomon in that he was liquid and amenable to our energies and would allow his wisdom to amalgamate with our wisdom and to bring it through to his people. He was more advanced and wise than the people around him. They tended to be more self serving but he had a magic in being alloyed with us, and we could reach the people through the connection. We could descend over the people and bring a peace.

So when you blended with him, was he able to bring you through in his own consciousness?

Yes, he was malleable and fluid, and we were able, in total harmony, to blend with him and bring through miracles of healing and wisdom. He commanded a respect of his people that was rare to find.

If we go back for moment to the gold miners where you said you originally connected with the human circumstance, when was that, and how exactly were you involved in that original connection?

It was about 60 million years ago, and we were mainly observing. As some settlers began to again take forth on the earth, which had been ravaged several million years before, we began to evaluate those that were there as possibilities to bring forth Elohim star-seeds into the area. Earth was a virgin planet. We hoped to bring forth a unique circumstance for the progression of life on it and to work with a population that would ultimately grow into a super wise and loving family.

In another response at a previous time an interaction with the gold miners four million years ago was indicated. Was that inaccurate, or did something occur four million and 60 million years ago?

The occurrence 60 million years ago did not pan out in a big way, As circumstances were very rough here. Four million years ago we began again to bring in star-seeds.

It seems unlikely that there's been a continuity of human life through the entire 60-million-year period. Has life disappeared and restarted during this period?

Life goes through cycles where it reaches a peak, dies off and then starts again. One of the dying off periods was the Atlantis era. During this period there was war and destruction and, finally, nuclear disaster. This was sad.

Afterwards we brought in more star-seeds to make another attempt at transforming the consciousness of the planet. We sent our best. Ra sent their best in still another attempt to bring heaven to earth. At times we became discouraged and felt the whole project was a waste, but there are many star-seeds on Earth of both Ra and ourselves whom we love, one of which is Daphne, and we yearn for their reconnection. We feel sorrow for the misery they have identified with on the earth plane and have taken on as their own, which is not their birthright. It is an earth condition truly not of their nature.

What is a star-seed?

"Star-seed" is the term for an Elohim individual who has connected with an earth body. The star-seed is the body, part of which the Elohim soul has connected with as a vehicle to maneuver in this realm.

So a star seed would be a joining of an Elohim soul with a human animal body with the idea of being a liaison to the higher form of Elohim to help uplift this realm. Would that be accurate?

Yes.

Are they volunteers?

Yes, they are volunteers. It is for them not only to express our will but to express their own will and creativity in the bringing of heaven on earth in their own way through their own passion and creativity. It is not the Elohim who is the master of the star-seed. It is the star-seed who is the master of himself. He is able to bring forth his own creative passion towards his earth life and, in his own way, to creatively express himself in the job that he has undertaken. He is to express his passion and bring his creative juices and energies into his earthly role, whether that be shoemaker, cook or house builder.

Once an Elohim soul makes the decision to do that, does he know that, once he gets here, he is going to forget that he made that decision. Does he know he could get lost in this realm?

They don't feel they are going to lose their memory or be overtaken by the veil. They are who they are at the time, and they will be the unconquerable. They will come to earth and be able to bring this wisdom joy to the earth plane, to the other Elohim star-seeds, and they do not feel that they will be overcome by the veil. It is when they are finally here that they become blunted and overcome, because they have combined with the elements of the veil, which are not of them. In their deepest selves they have not forgotten. They have the passion. They have the knowledge. It is still there. It is always part of them waiting to be remembered. It is when they misidentify with the elements that are other than themselves, that they then view things through those other elements, and they appear to have forgotten. They have never really forgotten. It is only through misidentification that they seem to forget.

Why did the one infinite creator allow a realm to create itself like this one that has such a propensity to cause people to forget where they come from with the veil in place as it is?

It is not the one infinite creator that has decided this is the way it will be. Every part, every inch, every soul, every particle has its own path which it is carrying through. It is part of the one infinite creator, and it is only by misidentification that one can become misdirected as one identifies with that which is not his own. Perhaps the biggest lesson that someone may have is to realize who one is in one's own self and who one is not. It is only through misidentification and being too close together to other factors that are not one's own that one becomes confused and misdirected.

Why do we have a veil? Why was a body not created that could have a sensory apparatus that could penetrate other realms as opposed to having senses which could only register this realm?

The body is composed of particles of this realm. As such, the particles have their own path, their own genetics and their own trail that ultimately have led it to its own form. Everything starts from nothingness and, as creation manifests from nothingness, things become relative to each other. If you go back to an individual who began as a nothingness and add the other individuals, particles or matter, then you begin to have a veil because you are looking through things that are not yours. It is similar to a woman putting a veil over her face and looking through it. The veil is not hers, and the veil over her face distorts her vision. As a soul, you take a body that's not yours. It is projecting its own history and its own particles. Thus, you are looking through a veil once you take on a body.

Why were things made that way? Things started with nothing. If you have nothing and you look through nothing, you have nothing. When you begin to take intentions that are of life, separate from your true essence, and you begin to look through those focused intentions, which create geometric patterns which form into bodies, then you are looking through a life that is other than your essence and that is now

combined with your essence, and you end up perceiving through a veil. The trick is to know who you are, your own patterns, your own intentions and your own passions. That's why we indicate that your normal experience of yourself is the box of your beliefs and intentions—the body and all of its mechanisms, the family and all its intentions and beliefs and projects and goals—and then you forget you can step out of all those myriad of geometric beliefs that keep you bound within your matrix of life.

You can step out of this matrix and you can connect with the vibration of the higher dimensions, with Elohim or Ra, and you can look at things anew and you can renew yourself as yourself not connected with the things that are not you, which you have taken to be you. It's a case of mistaken identity, which is one way of going astray.

There are many on the planet whom we have called Elohim star-seeds, those on other realms who chose to come here and join with a human body and then in many or in most cases have lost connection with their original source. Are those who are not Elohim star-seeds able to make connection with you also?

We welcome them into our arms also, and we welcome them as a son or a brother.

Now, there are other groups. We spoke about Ra, who fulfills a similar role, and there are star-seeds of the Ra group and other groups also. Are there not?

Yes, there are other groups. There are also groups of the Orion nature, and they would tend to go into more self-serving divisive plans. The Elohim star-seeds can identify themselves. There are self tests they can apply to determine whether they have Elohim origins. They may have a penchant towards mathematical and geometric thought—they have a love for that—where the Ra star-seeds tend be very psychic and loving. We welcome Terry, as we mentioned earlier. We have now adopted Terry.

Do you have more?

For those not sure what group they are from that want to make a connection with their group, can they just invoke the group they think they might be associated with and see if there is a response? Is there another way they can approach this when they are unsure?

When you are unsure, we would suggest that you do not jump to make a quick decision to align with a group. The groups will always be there for you. There is no rush. Just open to communication and resonance.

Would an Elohim star-seed have a greater resonance with a message from the Elohim than other people? Would a Ra star-seed have a greater resonance with a message from the Ra group? I don't know that I can say that, because I experience a resonance with both groups, even though I believe myself to be a Ra star-seed,

All is one. If you have an affinity for all and a love for all, then all are connected in their consciousness. If you misidentify with other beings of history than your own, and take on a history that is not your own, you can be alloyed to, but not quite ringing with, the resonance of the truth. When you are able to separate from the other factors and identities in your life that are not your own and that you identify with your own, we can help you step out of the box of your beliefs and your surroundings to who you, alone, are. People can be alloyed with so many different things inside themselves, that other identities may try to take hold of them. When you're able to step out of your box and rest and resonate in the higher vibrations in our arms, so to speak, the truth will begin to penetrate and will bring you closer to your own heart and home.

It seems that throughout history there has been a tendency for people to worship a group like the Elohim instead of blending with it. Is there some advice or wisdom that you could share about how a person could have the right inner approach to making the connection?

It's like a radio transmitter and receiver: the transmitter can transmit, the receiver can pick up and then transmit, relaying the signal. In that way the receiver is then the transmitter. We're looking for an equal relationship where the student is the receiver, but the student can also be the transmitter and be a beacon of light to others. They can also send signals back to us, bringing us "transcendent" information, for lack of a better word, where we can grow also. We welcome not blind adoring worship; we welcome interchange. We welcome love on parity. We welcome blessings both ways.

It is irksome to be worshipped, because worship creates a division: "I'm better; you're the one who's not as good." It creates a falsehood, a fallacy, and it creates a break in the communication between the two. There is a father and a son, and the neither is better than the other. One is wiser; one knows more. Worship tends to deaden the brain and to place one at a disadvantage. It tends to close down the channel of communication and say: "You tell me everything. You tell

me what to do. I will follow you. I will do what you say." This is not the kind of connection we are looking for. We are looking for the type of connection where there is a mutual respect and equality.

Humans go through a process called reincarnation. When an Elohim, as well as most beings, comes into this realm, he gets caught up in that process. Maybe you could explain how we can extricate ourselves from this "wheel of reincarnation."

We have talked about that already. People get caught in the wheel of reincarnation because they become too focused into the framework of their lives. They need to be able to move their focus in and out of that framework, because although they are in the life, they are not of the life. It would be very helpful for them to keep their focus open to the higher realm for insights which will help them within their framework in this life. In other words don't get caught up in Aunt Margie's psoriasis.

So when once we get caught up in this process, we identify with, or focus on, all the things in our earth lives. Then when we die, our souls are still bound to the circumstances we identified with, and we have to keep returning until we can untangle those circumstances. Is that a good way of saying it?

The entity follows his intention. If his intention is to find a cure for psoriasis, he will come back and work on that. If his intentions are all caught up with struggle and making a living, his intentions will be in that arena. If a being dies and his intentions are to somehow stay in a room, he will stay in a room.

As a ghost?

As a ghost, he will stay in the room. If his intention when he dies is to be able to walk again, and he feels like he can never walk out of a room, then wherever his intention is, that's where he will be.

That's why it's important to take a minute and get out of the box and view and communicate with the higher group soul that you are connected with and to refresh yourself and to know you are not the body that cannot walk. That body is another entity. You take it on and makes it you own; then your intentions follow, and you are caught up in the veil of this realm.

So even when a person has the desire to become abundant and prosperous, that might even bind him to this realm. Yes?

Whatever your intention is, you will follow. If your intention is to become rich and prosperous in this realm, then that will be your focus, perhaps over many lifetimes.

74

So if one wants to get beyond this realm, one must have the intention to get beyond this realm and to connect with the higher realms. Terry is obviously penetrating the veil in being able to bring forth these communications. Why is it that someone like Terry is able to do this when so many others are not? Even those who are Elohim star-seeds don't have this ability normally. Perhaps they could if they intended it. Could you give an explanation for that?

Terry has spent years in taking an exact look about her and identifying what is what, who is who, what intentions are whose intentions and freeing herself up from the veil. She has isolated herself from the components of the veil and has stepped outside of the veil. However, it may not seem that way to one who knows Terry, because elements of the veil remain around her. She is able to step outside of the veil and view things as they are. Terry did not come out of nowhere. Terry has been positioning herself for this job for millions of years. She came here as a star-seed to determine why so many people are lost in the veil and do not remember their way back and are blunted in the upper dimensions when they do come back. Her goal has been to analyze and determine why this is true. So, we can work with Terry. We love the connection.

Connecting With the Elohim and Extricating Oneself

We are there for the asking. You have but to ask, and we will be there. We feel your need and can surround and support you at times during the day when our support is needed to carry you successfully through a daily task.

Council of Elohim

Terry channeled the Council of Elohim, and I presented the questions.

How can one know one is really having a connection with an interdimensional source as with the Elohim? What are the physical signals and evidence that would confirm that one is having a connection?

There can be light appearing to you, surrounding and providing a loving space around you. It's a love-light surrounding you that you can sense. That is one of the first signs of connection. If you are directed to the light, an answer may form in your mind as if a thought. You must use discernment in accepting an answer. If an answer does not fit your question or fit your sense of what is right, you may been contacted by a negative source that has intercepted the connection line. Do not ever pursue this; reset and connect to the Elohim source or the Ra source. The thought will have a resonance within you of correctness. Do not accept an answer unless it resonates as a correct and informative answer.

What does a negative source have to gain in answering a question? What is its agenda?

There are as many agendas as there are negative sources. A negative agenda will fit the purposes of the negative source and the agenda is personalized according to the source. The difference between a negative source and the Elohim is that the Elohim wish to be CO-creators, and the negative source wishes to imbue the subject with its purposes and agendas. It wishes for the recipient to become a subject of his particular web of effects and consequences. The Elohim is a loving connection and is open to a two-way street of communication. The Elohim wishes to serve, wishes to have a companion with the purposes of both the Elohim and the recipient fulfilled. The Elohim considers the

desires and wishes of the recipient, provided they are not self-serving. A negative source wishes to imbue the subject to its will.

Is there a correspondence to what Jesus referred to as the devil or Satan and the negative sources you are referring to that could potentially answer a question given and directed towards the Elohim?

The devil has many avenues of travel. The devil is caretaker of the souls that have gone over a line of well-being, that have become distraught, angry and destructive and that may express their destructiveness in many ways, with cunning. The devil arena is a dark one. There are keepers of the devil realm who look for opportunities to connect with lost, distraught and destructive souls where being destructive becomes an expression of lost causes, rages or injustices that have taken possession of their way of travel. So it's just not one evil devil. The devil may fan the flames of injustice and rage.

The seeds of injustice already planted in one who has experienced some form of victimization can be an opening to the influence of this negative realm. Eventually these people will have forgotten the details and just be lost in their rage reaching out desperately for any kind of support. Those in the devil realm reach back, corral these lost souls and work with them. It is all part of a puzzle. Those caught in this kind of web need to review the details of their victimization, continuing backwards in time to the beginning, so that their problems can unwind and they can awaken from their trauma to again be sunny, loving souls.

Is there a way to look at the idea of the devil, take it out of the religious context and understand it from its origin of creation?

It originally arose through frustration. In the onset of original creation, entities were able to make up scenes projected from their intentions, as if one was a painter drawing beautiful pictures. They could make up holograms of beauty; then they became attached to their holograms as if they were possessions. Then another entity would, in play, destroy its holograms. This created feelings of indigence and injustice in the one who had created such beautiful holograms, so we had the beginning of the feeling of loss. With pride of ownership came sorrow at loss and the idea of winners and losers. As these tendencies grew and prevailed, some souls became prideful and thought they could increase their self worth by decreasing another's worth, and self value became identified with possessions. Games of vanquishing other's holograms became the norm in the lower realms of creation. As they felt the neces-

sity of ownership, they lost the ability to create and destroy at will, and they needed their creations to persist. They lost their ability as sub-gods to create more, and they become subject to their creations instead of being creators of their creations. As creators of their creations, they can create more whenever they wish. However, when they become subject of to their creations, they lose the ability to create at will.

The idea of possessions was the foundation for the growth of the negative realm. The many factors and complications that became involved led to the third dimensional reality that humans experience to-day. A human can reclaim his innate divine powers of creation by stepping out of all these possessions and ownerships and by returning again into the realm of creation and love. They don't have to relinquish their possessions, just their attachments to them. We are there to help those who call on us. Do you have more questions?

Do these negative forces, referred to as the devil, have ownership of anything? Are they energy beings, or do they exist in a physicality of some sort? Are they attempting to own the energy of other beings?

They are attempting to own the energy of other beings. The negative forces may come to those who are distraught, because the energy of those who are distraught is coincident with the energy of the negative forces. The negative forces are willing to take beings with them who are wishing to know more of the devil realm. They are champions of dissatisfaction and disharmony, and they can take power over beings experiencing these feelings. Beings bringing their negative emotions into the open and processing them can release themselves from the influence of the negative realm.

Does this devil have physicality in a physical location, or is it an energy form?

There is no particular locality for the devil. He appears where he's summoned or where he senses the energy connection. He exists as a champion of hopeless and lost causes. These causes are important to individuals who have become so distraught that they only know how to wreak destruction on others in a frustrated effort to exist with some sort of dignity and sense of justice, while to others these efforts appear totally unjust and self serving. Although the devil does not have a physical locality, he may choose at times to hang around an area in an energy body where a disaster has taken place and, for a period, use it as his home. The changes in the etheric energy at that location will attract him to inhabit that area. There is more than one entity in the devil realm, and any number of individuals who are would-be devil-

"wannabes." They have become so grief stricken, angry and resentful that they feel they are past all hope of redemption. They respond to the devil's advances in their hopeless quest for equanimity as a last chance effort in their struggle to exist. The keepers of the realm of lost souls feel they are filling a need in providing a realm for lost souls to work through their anger.

So in a sense, one could temporarily lose one's soul to what is known in conventional religion as the devil?

We could say that the devil would appear to become the champion of one's long-lost cause. Were one not at the affect of some lost cause, one could be his own master and creator again. If one feels he is a victim, he is giving up his power to some other source who he feels is victimizing him. Once he takes his power back, he will not be interested in the negative realms.

Is this energy of the devil prevalent throughout the universe, or is it connected specifically with planet earth?

It is an energy thing. It is not isolated to earth.

When one reaches for a connection with the Elohim or Ra group, must one pass through this negative-energy realm? Is it a necessity of an initiation, of sorts, to pass through it to reach the higher realms, or can it be bypassed?

Energy brings in like energy. You do not have to pass through unlike energy to get there.

What are some of the things one can do to make that connection?

You can meditate. In meditation you can identify energies that are not yours, and then you can just be yourself. Concentrate on the asking: say the word Elohim, say the word Ra. As you asking for those energies or read chapter 17 of The Reincarnation of Edgar Cayce?, the energy of Ra will come in. Also, read channelings of the Elohim, and watch for us to come in or for our energies to surround you. Sense the light-love energy; ask a question and listen for an answer, again keeping in mind things that you have identified as not you and not the Elohim. If you are more comfortable calling on God, Jesus, or whoever may be your inspiration, that will work also. The higher realms respond to your intention, not the name called. Once you sense the lovelight energy, you are connected. It is like recognizing a friend; you can sense when the energy changes. If it becomes other than the love-light energy, do not to pursue that direction, as other entities of lower agendas may be interrupting. Discernment is needed to recognize the love-

light energy and to evaluate the information put on the connection line.

Do you have more questions?

During one's daily activities, are there techniques one can use to feel the connection with higher dimensions?

We are there for the asking. You have but to ask, and we will be there. We feel your need, and we can surround and support you at times during the day when our support is needed to carry you successfully through a daily task.

As I understand it, the Elohim is a group of souls that, at one time, had bodies and, now, is pure energy. How does the group operate and function with regard to one who requests help? Is the whole group present, or is there an assigning of individual parts of the group to work with that person? How does that work administratively, from your side?

In the third density one tends to think of one thing at a time, literally. However, on the other side, many things can be done at once. We are not time dependent. We can be many places. We are guided by energies. We know when one is ready to receive us. We are able to multitask on some assignments, depending upon the need of an area, by assigning a section of our group into that area.

Do you report to a group that's higher than yourself regarding delegation, of functioning or of oneness?

We report to, and receive guidance from, the Council of 12.

Is the Council of 12 a higher density than you? Do they administrate this realm, which is lower in density?

They administrate more than one realm. They administrate their own realm of the Elohim, the different levels within the Elohim and the different jobs the Elohim provide. The repairing of life models would be one example. Healing in response to prayer is another section. The Council of 12 does not directly administrate Earth. They are a group of 12 highly evolved individual souls who administrate the Council of Elohim who then, due to their functions, connect directly with earth and other realms.

Is the Council of 12 overseeing this communication that we are having at this moment?

We do coordinate through the Council of 12, and we receive advice and counsel from them.

Are we speaking to an individual soul who represents the entire group, or do we have a portion of the group present with us?

A portion of the group is present. Yesterday you had one individual come in at one point, the passionate individual who was also a member of the Council of 12.

How many souls in the Elohim are paying attention to us right now as we do this communication.

1,200.

1,200? And there's a total of 5 million?

That's about right

How can we unravel our past traumas so we can be more open to the realities of higher dimensions while remaining out of the negative realm?

You can do so by observing yourselves. Assume that you are perfect, though it may not seem to you that you are. You are fighting your limitations. You are fighting your thoughts that don't seem logical or right to you. Where an unwanted thought occurs, you fight it or push it down; you try to get it out of your space rather than simply observe it and process it from a place of neutrality.

Many times that unwanted thought is picked up from outside of you, from an external source. You can be telepathic to the thoughts of those in your environment. Sometimes the unwanted thought is generated from an attachment that your are carrying. Sometimes the unwanted thought comes from some situation or trauma that happened in the past.

The only way this can be sorted out is through keen observation, not by judging. Spend some time each day just observing, even at work. Say, "There's that thought." What are the situations surrounding that thought? Don't judge; just observe. Don't act it out; just observe. That is one of your biggest tools for learning and processing the parameters of your situation. Ask for guidance concerning it. Ask for our guidance. Ask for the guidance of the Christ consciousness. If you ask, you will receive.

Creation

The larger cosmos and the smaller cosmos are mirrors. We [The Elohim] created the initial templates of space by the projection of anchor points and the spinning of energy through them. Initially we created rudimentary holograms through intention, and we refined them through the spinning of energies.

Council of Elohim

Terry channeled the Council of Elohim, and I presented the questions.

The Elohim projects into this realm through geometry and mathematics, according to the answers you've given us. Many people speak of sacred geometry. Can you explain the way it works so it might be possible to visualize the geometry and the mathematics that the Elohim uses to focus energy into this realm?

In reality there is no time or space. In reality there is only the One. By formulating and introducing into place geometric anchor points by intention, we create a not-yet-physical structure, that is, a loose holographic structure.

Would a holographic structure be composed of what we call etheric energy?

Etheric energy would occupy that structure and would be anchored by the binding of the energy into the structure resulting in form. This structure will become the form of an entity that has chosen to occupy or make use of it. It is created by use of sacred geometry, which provides an avenue for life to express itself through form.

Is there a geometric form that each life form is connected to between the third dimension and the one? One geometric form, or multiple?

There are multiple geometric forms, but they are basic building blocks. The basic building blocks for life forms are tetrahedrons and octagons. These geometric forms secure and originate a location. Before the introduction of the geometric structures there was no location. These forms are precursors to matter.

How is mathematics involved in all this?

The mathematical computations are far beyond the mind of the channel. At this time she is seeing patterns that we are exhibiting. These could be called the whoop and wharf of the physical universe. The

whoop-and-wharf patterns are precursors to life-love. They would be formulated in a proper relationship causing structure; they would exhibit life. The mathematical formulas are a language in themselves, a language of relationships. The mathematical formulas calculating the relationships of the pyramids are formed on the outside of the superimposed geometric intention housing structures that ultimately lead to a physical universe.

Mathematics has to do with relationships of things, dimensions, speeds, frequencies, etc. We spoke of how you create an intention housing that spins. Then there are two of these spinning housings spinning that touch in each others proximity's, and their intersection creates a particle and a wave. Is that correct?

Yes. The relationships are extremely important. They must be mathematically exact to produce the proper wave forms, light and frequencies. The spin is one of the relationships, because the speed at which it spins is critical to the outcome.

So now you have a number of things spinning in proximity, and you have to determine the correct spinning and proximity's to make it all work. Is that correct?

That is correct.

So, mathematics is the way you formulate it to create a desired outcome? *Yes*.

Different spins and different proximity's create different outcomes?

That is right.

Give me an idea of how you change the parameters to vary the result?

If you have a very fine lattice work of a group of intentions, the fabric of the material will be more closely knit and smoother. A larger lattice work with more irregularities in the groupings will result in a larger substance.

How does all this result in an independent, conscious, thinking entity?

Multiple identities can get infused into the same simple geometric structure, and it becomes a haven to reach out from. Confusions in identity can easily result. Confusion arises as the structures, which house or bind the entity, get confused as other entities make the same structure their home. The mind develops, and the thinking within such an entity may become self generating thoughts over which it has no direct control. These thoughts are triggered by the circumstances of life and the structure it has occupied connected with the other entities occupying the same structure. The mind, therefore, can be a diversion from

the entity's experience of who it really is, although the mind also can serve and solve problems for it. It becomes an aspect of the veil that can hinder its connection with the realms from which he came.

As we move through to these other dimensions, what's the nature of the "spinningness" as relating the different dimensions?

The "spinningnesses" in the third dimension are very confined and dense. As you move into fourth dimension, there is more room: much more space, much more breathing room, much more freedom, not so much confusion. Everything is more clearly structural, more liquid, malleable and utilizable. There are no awkward unusable forms getting in the way, jumping in front of one's field of view and confusing identity. Escaping from the human condition can be a difficult matter. It involves freeing oneself of all aspects of the human condition other than oneself. Any attitude, misrepresentation, misunderstanding or viewpoint that one takes on that is another's will confound your own viewpoint and make it difficult to shake free that viewpoint since it is another viewpoint assumed or projected into your space.

If you attempt to ascend dragging baggage, it may impede your progress into ascension altogether. It may affect your choice of whether to ascend or not. The main reason you get stuck in the third density realm is the assuming of other identities that are not your own. It interlocks you into the realm. You use such interlocking mechanisms to own and possess other creations, to enhance your perceived existence. When beings share spaces, shortcomings, distortions and attitude may become intertwined, entangled and intermingled until it takes intense discernment to determine what is your own. An example would be a house or car that enhanced your perceived status in your own mind and in the minds of your friends and neighbors. Such items may not be taken into the other realm with you. There is nothing wrong with owning, loving and possessing these items, as long as you realize that your worth is not dependent on them. You, yourself, are loved, worthwhile and immutable. You may ascend in glory and light without such accouterments.

Why did the sub-god spirits occupy the forms originally?

The larger cosmos and the smaller cosmos are mirrors. We [The Elohim] created the initial templates of space by the projection of anchor points and the spinning energy through them. Initially we created rudimentary holograms through intention, and we refined them through the spinning of the energies.

The greater logos [or God] delighted in spinning out projections that created the space of the galaxy. First the energies were very expansive; it was a great delight to create spinning motions which resulted in light. As it is above, so it is below in the denser form of life. The spinning creates light matter appearing and disappearing as in a flicker. The intersection of anchor points begins to tack down this flickering light into the form of life. Form is now appearing and disappearing. The form increases in density becoming more and more solid; eventually it endures. For forms to solidify, interlocking holograms are required.

The spirit sub-gods desired to possess these forms, to feel the resonance that occurs when they could shine back at the other forms. Occupying a form thus becomes a delightful experience acting as proof that one exists. This was the initial hook attracting the sub-gods to this realm. They started to become trapped in form, where they wished to have the experience of the beauty of birth, not only for the proof of existence, but for the validation that they were elegant, worthwhile and cherished beings. They wished to solidify their lives in love, to glorify themselves through life, to gain proof of their existence through extending into matter and taking on an existential, exterior form that solidified as part of creation. Sex played some part: it increased the love one is capable of feeling and the glorification of having two together, each enhancing the existence of the other becoming an even deeper validation of form and existence. It was these things that made the third density so popular and kept a soul tied to this realm.

Does that answer your question?

Did spirits get trapped for doing it just once, or was it something that took a longer time before they got trapped? Could they go back and forth initially?

Over time their ability to return to the other realm became harder as they became alloyed with factors from the third dimension. There have been instances where a being is suddenly returned to his ability to return to the other realm, as with Dannion Brinkley who, after being struck by lightening, burned off factors that held him more solidly to this realm.

In the original creation, did the sub-gods group together as teams?

At first it was delightful playing in a new game, and the players were delighted at this very high level of creation. The idea of grouping into teams as one thinks of it in third dimension is a very much more laborious, deliberate and organized function. This original creation

was far above thought, so the coming together was very spontaneous and joyful. We do not want to give it the connotation of a worker team coming together in an organized fashion and then being given jobs by some manager because that is not the best picture of how it was. It was a CO-creation, a very spontaneous function. Does that answer your question?

Does that explain how the Elohim works right now: CO-creation and spontaneity?

Yes, very much at a level above thought.

Is part of the Elohim part of that original group?

Yes. At first there was delight in experiencing the third dimension. Then so many were disappearing into matter or lower realms that there became concern that the wisdom of the higher realms would be lost and all creation would fall into gross repeating patterns. It was decided that certain individuals would hold the knowledge and the wisdom and never incarnate into the third dimension.

As a protection for all of creation falling into this dimension?

That is correct.

Is there still any possibility of all creation falling into this realm?

That would depend on all creation, but we do not worry about that.

I want to go back to the "spinningness." Is the planet earth one "spinningness" which contains many smaller "spinningnesses" within it? Was it created in one fell swoop and then added to?

The "spinningness" was created as a joy and a creation in joy, a wonderment of light energy. The earth is a collection of "spinningnesses" that helped congeal the cells and the DNA structure composing a body which has many "spinningnesses" according to the function of the aspect of the body. When one "spinningness" fails, that function of the body it connects with may fold in disrepair and become sick and dysfunctional.

What is the correlation between the "spinningness" and what scientists call an atom?

The octagon and hexagon, which are three dimensional forms, are set to spinning; they intersect each other at various intervals. At the point of intersection, a particle is created. The existence of the particle blinks on and off as the "spinningnesses" intersect, don't intersect, intersect and don't intersect.

Is this an explanation of the quantum-mechanical string theory where something can be either a wave or a particle?

It acts as a particle because it is so fast and because the intersections weave together into a continuum of what would appear to be continuous matter. One may also view it as a wave, because as the spinning structures intersect each other, they also create waves moving out in a pattern of lights and darks at the frequency of their repeating intersections, intersecting and reinforcing, intersecting and reinforcing, creating a wavelike function.

Is the particle you are describing an atom? How do electrons, neutrons and photons fit into this?

The octagons and hexagons are spinning and intersecting with each other. At some points of intersection, electrons appear; at the other points of intersection are other particles of the atoms.

So the real building blocks of the atom are the spinning geometrical structures?

The real building block of the atom is the intentionally placed housing of the geometrical structures that then are the subsequent building blocks of the structure as they spin.

Are there other questions in the area?

When we talk about these hexagons and octagons and "spinningnesses," we're talking about infinitely small geometric relationships. In this realm is everything built upon these small geometrical spinning forms, or can there be a large geometrical "spinningness?" If so, what's an example of that?

The example of a large geometrical "spinningness" containing smaller geometrical "spinningnesses" is a galaxy. As you view the picture of the galaxy, it is like a huge pot of soup that one stirs. It starts to spin; in the center it is spinning, and at the edge it is spinning.

You mean the picture of the galaxy will look like a spiral?

It will take the form of a spiral.

Are all galaxies are formed in spirals?

There are variations, for instance with two intersecting galaxies, a partial spiral is intersecting another partial spiral.

How about what science calls a photon?

It is the "spinningness" of congealing light.

Is the spirit form composed of "spinningness?" Are the Elohim composed of "spinningnesses?" Is the one infinite creator an initial arrangement of energy that became "spinningness?" What is the relationship of "spinningness" to consciousness?

Consciousness implies something to be conscious of which, in turn, implies two. The consciousnesses are many made of one. Motion is required for life to exist.

Take, for example, when you have been ill and in bed. When you eventually get better and go out for a drive, say it is the first time in a month you have been able to drive, the motion is an excitement; your senses wake up; they feel more alive. Motion creates life.

As you move, you move in relationship to something else. As you move in the relationship, you are in a relationship. Relationship is the basis of life. Without a relationship of any kind, we're back to nothing. Therefore, motion or "spinningness" is a creation of life. The "spinningness" in the intention housing is the basis for the spinning factors to relate to each other, i.e., to intersect. In the relationship of the spinning factors, the motion is established relative to each other, and life is created within the relationship.

Is the Elohim composed of "spinningness?" Am I composed of "spinningness?" If my body is composed of "spinningness," is there something that exists outside of the "spinningness" that the "spinningness" responds to? In other words when the one Infinite creator created a huge universe by creating anchor points and putting "spinningness" in it, was he spinningness spinning spinningness, or was he outside of "spinningness?"

He is outside of "spinningness." The Elohim is outside of "spinningness." You are outside of "spinningness."

So the physical world and all the other dimensional worlds, are made up of this "spinningness."

That is correct.

So I am not "spinningness." I am the master of "spinningness." Intentions are not "spinningness;" intentions control "spinningness."

"Spinningness" responds to intentions, but intentions are created by the creator who is beyond "spinningness," beyond anchor points. He is the creator of those things.

That's why intention is so powerful; it is outside of this world.

It is the bridge between this world and the source.

Is creativity part of intention?

Right. However, you have to have something to be aware of to be aware.

So awareness is a feedback mechanism.

Right.

Intention is a creation mechanism. Awareness is a feedback mechanism.

That is correct.

So really, the creator is a major intention divided into minor intentions, and each one has its own realm of "spinningness."

That is correct. Each tends to degrade as they look lower and their sphere gets smaller and smaller and they forget their origins.

The question still remains how exactly does intention turn into "spinningness?" Perhaps it is a mystery that cannot be solved. I want to pose the question to see what you come up with. How does that intention leave the source, become independent and suddenly exist as a separate unit independent of its creator?

That is a good question. The intention contains within it the intention, the torque and the creation of the projection of the intention. It is a loose nothingness, a desire or passion for a "somethingness" within the sphere of the projection. The source intends a torquing; the torquing spins the projection. The spinning of the projection contains mathematical configurations within it which alternately, as they are torqued, intersect, stop intersecting, intersect, etc. As they rotate they pass through a cycle. As the geometric creations within the torquing area pass through each other, they create a drag, and this drag begins to light fire, to shine. The shining, then, is a piece of matter, both wave and particle, that can be observed as separate. It is in the torquing that the motion continues and the life is formed. We may, thus, observe motion. As the life observes the motion, it feels alive, and it may continue on its own. It feels existence. It is like a soul that experiences existence. It is like a cordoning off or a sectioning or a focusing of the pre-life, the nothingness that is already there, and it may begin to experience itself and observe other factors within itself lighting up. It begins to feel alive. As such, it can continue on its own.

Is this the way the original, one, infinite creator replicated itself the first time?

With great delight, yes. However, replication is not the best choice of words because the creator is, for lack of a better word, different from his creation, therefore God has not replicated itself.

Now, the creation of "spinningness" must also incorporate the creation of time, because once something exists outside of you, time must enter so there can be a reference point of before and after. Is that correct?

Yes, that is accurate. Time comes in when you have a reference point. No reference point, no time.

As soon as you remember something from a previous creation and anticipate a future creation, there has to be time because suddenly there's how the creation was, how it is and how it will be.

That is correct.

So, when the one infinite creator projected some creation, suddenly there had to be a future and a past, because something would happen in the future that was different from the present. So, is his creation still part of him?

Yes.

Thus, he's not part of his creation in the same way his creation is part of him?

He is outside of his creation.

Is there an intrinsic difference in the nature of "spinningness" from one dimension to another that's based on geometric patterns?

They may be interlocking over another dimension, so one can move from one to another. One may be so agile that one can move out of creation, move to another location and reassemble at one of the time portals for instance, as on Star Trek.

Is this what these advanced gurus do, who can supposedly bi-locate their bodies?

Yes, it is.

It is by their intentions.

Yes. They are not bound by the laws that other people assume they are bound by; they make their own rules. There is a higher set of principles that one may step into and, by doing so, move in and out of this realm. It is almost a total mastery of the rules of the different realms to know how to walk in and out of them and to unlock the portals.

I would assume that one who can do this can be of service to self and to others. When one has these wonderful powers of moving between realms, one could also be of service to self only.

Yes. An example is Edgar Cayce's earlier life as John Bainbridge. Totally using his abilities to gain relationships with women and to gain success over card games and over other games, he would play for money. Having stellar psychic abilities to move in and out of portals and be a master in this universe does not mean that one is of service to others. Many con men have psychic ability. Certain gypsies make a big show of being of service to others, while really they are of service only to themselves. They unlock certain mysteries. They have certain psychic abilities and are, thus, able to break the rules that keep the third density in check.

What limits a normal third-dimensional being, from operating outside of third-dimensional rules.

The normal fog-dense brain.

Is that the way you talk about us when we're not around? Don't judge us now.

It is a product of our frustration when working with your realm.

Was the Elohim responsible for creation of the flow of energy into our realm, which originates from the center of the galaxy, the Hunab Ku?

It is a byproduct of the main mechanism of flows through the galaxy.

Are you answering yes?

In a roundabout way.

Does the flow start from the central universe and then flow through the Hunab Ku?

Yes. The flow from the center of this galaxy is related to the flow from the center of the universe.

Where is the location in the central universe, if it's mapped in a location that would be familiar?

(Terry) I'm getting a headache. It's too expansive.

It is an expanse, housing other universes, much like the analogy that a glove fits over a hand, though that is a poor analogy. It works only in the sense that the central universe contains the other universes.

How many other universes are there expanding out from the central universe?

Five, with the sixth being formed.

Is the Elohim involved in all five universes?

The other parts are created by other creator gods who are working in those sectors and have other names.

It seems to me that all the creator gods might have a common core that they radiate out from.

That's true. We make a joke with our brothers in crime; some view creation as a crime. They wish the purity of the lightest realms of

creation to maintain without the confusion that one can get into in the lower realms.

Do the different creator gods communicate with each other saying, "Here's what we did in our universe, you can try it in yours?"

They do have meetings and council at a very high level.

Do all the universes have similar problems as this one? Is it common?

Yes, there are similar problems.

Even in this universe, are there multiple dimensions making up the same universe? Are there beings in all these different dimensions?

Yes.

The earth is one of the lower dimensions, and yet we're communicating to the main creator god for this universe. Can the other dimensions in our universe have access to this kind of communication in the same manner as we're having it?

It is available to anyone who has the ability and intention to communicate, to focus and receive. The majority focus down instead of focusing up.

In other words, they focus on the dimensions lower than them?

That is correct.

Are Terry and I focusing upward because we have nowhere to focus downward to?

Terry has spent many of her lifetimes focusing upward and not seeing, even though she's been looking within and carefully observing. She has gained the ability through her years of focusing, listening and observing to determine exactly what is there.

In other words, she has the quality of discernment. There have been times that she made gross errors, as she did with the gypsies? [A few months earlier, Terry got conned into losing a sum of money to some gypsies.]

We do not look at it as an error. It was the result of her searching. The gypsies had a piece of the puzzle, so she pursued it. There are certain areas in which Terry is still in transformation, and Terry is very nonjudgmental, which has been a survival tool for her as it is for others. Non-judgment is really a tool of love because everything has arrived where it is through a pathway. To judge is to negate the pathway or part of the pathway; therefore, judgment does not serve its intended purpose of correction, because the result of the pathway is the observed being, and to judge is to deny the pathway. To make corrections, one must first accept the pathway and then change and shift. It's like break-

ing an omelet: one must break the egg, shift the contents of the egg into the pan, beat the contents, fluff it up and mix it with milk. One doesn't say, "Egg, you are wrong for not being an omelet." One must use what one has to make what is becoming.

Do you guys enjoy yourselves when you come up with something like that? [Terry is laughing.] Do you get a sense of joy when you make it that simple? I wish we could get "spinningness" and torsion waves that simply. Maybe we can work on it.

We work with a minor vocabulary here.

Terry?

Yes.

She used to be a librarian.

We suggest she learn five words a day.

Now, I can't channel the Elohim. Can I? I guess I shouldn't say never, but in the few lifetimes I am aware of, there was no indication that I could channel the Elohim.

We suggest that you observe our love-light around you. You are able to tell when we are present. You may open yourself to the love-light because you already know the signature frequency. It is a matter of familiarity, and we suggest that you continue observing and listening. You may be able to pick things up.

Is it difficult to find people down here on this level to communicate to?

We are always hopeful, but sometimes we become discouraged. It is difficult to get your attention when you is in this realm.

This is wonderful material, but I am afraid not everyone will be able to understand it. [Including me.] We need chapters of simple things that people can apply to their lives, their human problems. K had a situation in which she was around two people she would normally have a problem with. However, she held her ground and kept her intentions high. The normal issues with these people didn't arise, and the attitudes of the two people shifted unusually. Is that the power of intention?

Yes, that is the power of intention. We are able to soften the ridges by extending our love-light, thus making the situation more liquid. So when you ask for the love-light to be there, we are able to ease the negotiations in relationships.

We thank you for being with us. We are interacting as companions.

A Cosmic View of Money and Sex

Everything starts on the other side with a projection into something that, at the time, does not exist. So in spite of the conflict of your vision, it is the beginning of a change. Once things change in your own personal universe, the other vestiges change to agree, so you attract that which you see in your heart to be your new reality.

Member of the Elohim's Council of 12

Terry channeled a member of the Elohim's Council of 12, and I presented the questions.

We all are caught up with our limitations, our neediness, our pain and our illnesses. As we experience these things, we find it difficult to imagine our lives being otherwise. I want to go through a series of questions exploring this idea so that we have some idea of how to move through these experiences, to transcend them and, ultimately, to connect with the higher realms, so to speak. Is that appropriate?

That is excellent since many in your realm experience these things.

OK. So I'll talk about the group of items and then focus on each one. The ways people find themselves limited are: 1) having insufficient money, 2) feeling sexually repressed, and 3) feeling the need for someone else that's not there, i.e., sensing that one's life is incomplete until one finds one's significant other.

We suggest you do one topic at a time; we will comment on each.

Let's start out with lack of money, i.e., a sense that one lacks sufficient funds to cover a comfortable existence. How would you recommend a person handle that?

You do not enter into this life in a vacuum without a past. Your past has orientations that you bring in concerning money and prosperity that will affect your choice of parents, your monetary gain and your resources in this life. A rich banker who was pooling much money by way of high interest rates from the general public, after passing over, might choose a next life of poverty to experience the other side of the equation that he set up in his past life. People choose the circumstances and lessons to work through in a particular lifetime.

Your passions and attitudes will draw to you what you wish to experience. It is quit difficult to go against those passions and attitudes and create wealth where you feel he should not have it.

So we would suggest that you observe yourself and your reactions and responses concerning money, that you pray for insights, and that you step out of the box and envision yourself having money when it seems impossible that you would have money. There could be a conflict of viewpoints where you will feel, "I don't have money. How can I envision that I have money?" Nonetheless, we suggest you envision it in spite of the conflict of reality. Everything starts on the other side with a projection into something that, at the time, does not exist. So in spite of the conflict of your vision, it is the beginning of a change. Once things change in your own personal universe, the other vestiges change to agree, so you attract that which you see in your heart to be your new reality.

Why, if a person had a lifetime as a successful banker, would he choose a lifetime of impoverishment if that creates so much more difficulty and hardship?

To experience what he has given. Flows go hand in hand, and lessons go back and forth. The torturer may have been tortured and may be attempting to get it out of his system.

So, the part of him that's choosing is not the part of him that is conscious in this life. Could you explain how that choosing occurs?

Everything is a whole, and each circumstance is unique to the individual. There is a craving for energy. Let's say that one received hardship at the hands of the wealthy banker. We are not saying that all wealthy bankers are into this situation, we are only giving a unique example. Let' u say that a wealthy banker dishes out hardship upon another individual. That individual experiences the results of the hardship and various difficulties. The banker experiences energy in the dishing out of that hardship; as you do it to another, you do it to yourself. The reality of that then comes back. When one has done something, one notices when it is done by another and may be even critical of the other doing it. The energy on the other side of it is getting it done to him. Having been into the one side of the doing of it, then his energy is connected to the other side and he may step into the other side

Does that clarify?

Could it be said that in the highest realm, if a person was a torturer and he tortured someone, he separated himself from the oneness of the person he tortured. So, on the highest level, he had to experience what it was like to be tortured so he could expand his own field to have compassion for that particular person and leave that life in a higher more expanded space with a higher degree of understanding for the law of one, where before he was willing to abuse someone as if that person were separate. Is that correct?

This is not necessarily so, since many individuals in their past have had an incident of torture in which there was a breakdown of all rationality and of the experiencing of everything being one. There was a total breakdown. In attempting to amalgamate torture, being one and sexual oneness, he disregarded all consequences. He attempted to eliminate guilt and come home through the back door, assuming that all the torturous things one might do are all forgiven in the name of the One by way of creating a ceremony and a sacrificial oneness in which everything is combined and eliminated together. In other words, some torturers are attempting to get in through this back door by becoming one sexually and having all their crimes forgiven in the name of the One by becoming one with anything. It is a very demented effort to get back to oneness without discernment. It is an attempt to be loved in spite of one's bad qualities and in spite of expressing all their worse qualities at the same time.

Let's go on to sexuality. In this realm many of us feel empty and sorrowful and suffer from unrequited love. How should we deal with these feelings so as not to be blocked from making a connection to the higher realms?

View it in a more lighthearted manner. Forgive yourself for any rigidity or anything else that may enter and interfere with the act. Forgive yourself; it all stems from somewhere else. Don't judge yourself for failures or rejections. It isn't really a personal matter against you and your beautiful, whole identity. Many factors may come in. Just observe them. Work with them. It takes patience. Do not judge yourself. Keep your own center and balance, as other factors may interfere. You, in your heart of hearts, know what is right. You may connect with us, and we may help stabilize you in your darkest hours.

From the point of evolution, from the point of interconnecting with higher sources, are there any pros and cons regarding the variations of sexual expression? For example, we could go through romantic love, lustful love, homosexuality, masturbation, monogamy, polygamy and celibacy, which many times in the past has been given as a preference for those on a spiritual path. In reality, what is the variation of all those expressions?

These different forms of expression of sexuality and coupling are not judged. They are forms of expression chosen by individuals regarding the lessons that they wish to learn.

Would you care to clarify further?

Let's say these paths are not judged negatively. Are there priorities in the positive? For example, is romantic love in its full expression between a man and a woman a higher path to God than say multiple partners?

Each circumstance carries within it limitations and chances for expression and opening of the heart. Within some of the forms there is a chance for more conflict, which is an opening for further lessons. Some forms are more difficult to practice than other forms; it is more difficult to stay centered and progress. For instance, polygamy carries its own limitations. It's harder to support more than one family. There are blessings in some of the forms. Each is its own circumstance.

Is it of value to talk about the forms least likely to pose problems, or will that cause people to judge themselves?

We do not judge. We are there for each of you. Each circumstance provides an avenue for growth and an avenue for you to work through your connections and your path. It is an area where you must choose and then learn from the choosing.

Let's talk about those of us with aches and pains and those afflicted with physical disabilities during their entire lives.

You can relate to that kind of infirmity as a friend, as a "havingness," as a challenge, as a circumstance to grow and learn from.

David Hawkins tells the story of being in charge of a large hospital while himself having 12 diseases. He was not able to cure himself. He gave up his work in the hospital and went to Sedona where he studied the Sedona Method and A Course in Miracles. He finally healed himself of all his diseases and began teaching A Course in Miracles. One of his students told him he didn't cure himself of everything; He still had bad eyesight. David kept postulating that he had good eyesight, but when he took off his glasses, he couldn't see. He couldn't see unless he was in great danger; his eyesight would snap to 20-20, and

then, after the danger passed, he couldn't see again. He didn't regain his eyesight to 20-20 until one day he told himself, "I will never regain my eyesight back to 20-20." Then when he accepted things as they were at the time, then and only then could his eyesight change to something else.

When you try to start the trip from the end of the trip, something is wrong; you need to start the trip from where you are. Therefore, you must surmise exactly where you are; you must fully realize where you are starting that trip from. If you are in bed with legs that don't move because you have polio, then that is where you are starting the trip. Once you grasp the circumstances exactly, then those circumstances can begin to change. We can be there for them and help.

Certain people seem to be able to create miraculous healings for others. Is that a positive thing for someone to experience?

Yes, it is. It's very positive to experience that. It's very positive to work with someone who can do that. We work with people who do that.

Do they help create a blending of energies which allows that to occur?

It is a taking away, an erasing. It is generating the absence of a condition. It is the taking away something from an individual that had been added on and that had existed within the individual's sphere.

So do they take that condition away by rearranging energy in other dimensions so the energy that creates that problem is no longer there?

Yes,. The condition cannot exist without that energy feeding it.

Can that be done within the energy fields of the person without going into the higher celestial realms?

No, it goes into the higher energy fields.

Some of us have a general feeling of sadness or depression seemingly not caused by anything specific in our worldly experience that we construe as part of our natures, possibly residues from other lifetimes. How can we relate to such conditions?

When dealing with a depression or sadness, you may be dealing with something you really don't remember. It may be a circumstance in your surroundings that may be bringing this sadness or depression to you, or there may be a current stimulus for this sadness, for instance the death of a loved one. In such case we would ask you to pray to connect, to send love and Godspeed to the person who has departed. The girl, R, found simple pleasure today in the pattern of roses in the toilet paper. As she is doing prayers, and at the conclusion of her prayers, flowers

come to her in simple forms, such as the pattern of roses in the toilet paper.

So, it is possible that anyone, regardless of their particular infirmity, can make some kind of positive movement and can still connect, regardless of the presence of higher sources. Is that correct?

That is correct. Even someone in great pain can ask for their pain be taken from them, for their pain to be eased. They may ask for help. The human condition at times does bring suffering. One may ask for guidance and for help to be given, and we may undertake ways to help that individual.

Is there a good prayer for requesting help?

The best prayer is the prayer from your own heart. It does not have to be worded in an elegant manner or in any particular way. It is your intention, from you to the god force, asking for help. The best prayer is your desire for the assistance in your heartfelt prayer.

Earth Changes

We do foresee some land-mass in western America breaking away into the water. We see landslides as the land suddenly sinks and the edges of the remaining land inundated by water. We see people trying to get out of the way of this. Although there are many signs of what is to come, people are not looking for signs and so those that do not notice are going into the ocean with the land.

Council of Elohim

Terry channeled the Council of Elohim, and I presented the questions.

Have you worked with other planets going through dimensional shifts? Populated planets?

We work now with the Ra group, and we have worked previously with the Ra group with other star systems that have planets going through dimensional shifts.

Could you explain what a dimensional shift is and how you work with a planet that is undergoing a dimensional shift?

As the energies increase in the planetary sphere and in the environment, we are able to be more present, riding in on the increased energy. Our energy can be perceived as love-light by those of you who are more sensitive. At this point our energies are more available to you. We are able to ride in and offer assistance to those of you who can hear and sense our presence and messages. We can blend our energies with you and can give you peeks into the higher dimensions. Eventually, you can become cognizant of our energies and learn how to shift with the energy. You can learn to not resist the higher frequencies and the more refined vibrations but to ride with them. We are then pleased that you are not so imbued with the gross energies of the realm that you will be laden down, like one with lead in his shoes, as the planet raises its vibrations.

How long has earth been experiencing these higher energies?

These energies have been strong for 23 years of earth time, and they are intensifying in a nonlinear fashion. It is dramatically intensifying at this time. There was not a specific starting point but a gradual increase even from the 1900s.

What is causing global warming, and how is it going to affect us?

Global warming is a direct result of the increased energy flowing into earth as the solar system moves into the higher energy belt. This creates more friction of particles. As one can see, Neptune has increased in light manifestation in the last four years, and this increased energy affects on the earth's sphere and atmosphere. It is warming the earth. The release of burned energy as warmth in the atmosphere, as a result of heating and burning of fuel, has also contributed, although not in the way one might think. It has contributed to gases that rise into the atmosphere, increasing the amount of heat that is transferred from the sun. We have already discussed some of the manifestations of the quickening or increasing of energies affecting earth, increasing and settling out discrepancies and pressures within the earth. It is a very complex mathematical equation including many possibilities, and there is a rising curve of affects upon the earth and its inhabitants. The increase in earthquake frequency will continue. There are misalignments that need to be equalized.

Will we have a melting of the polar caps which will cause a flooding of the shores in the very near future?

There already is a melting of the polar caps and a warmth in the area of Alaska, and south pole also. This melting will increase the level of the ocean. The shores, that are not affected by the settling or rising of earthquake action, will be encroached upon. There will be an increase in depth of the ocean that will cause the ocean to encroach approximately 200-300 feet in places, depending upon the configuration of the coastal area. This will be gradual with some jumps along the way.

At what point will it hit its maximum?

We think more of events than years, as an ice shelf slides into the sea their will be a rise of 30 feet followed by a rise of 15 feet perhaps in 2045.

That is fairly far into the future.

Not so far. This is complicated by possible events or changes in events. So to look into the near future we could say a rise of 15 feet by 2015. Do not take this as exact. It may be more; it may be less. These are probabilities based on the way things are now.

When you say a rise of 15 feet, do you mean 15 feet inland or 15 feet above seal level?

It will be 15 feet inland; we will lose 15 feet of our coast in some areas, perhaps 30 feet of coast in parts of Florida.

That doesn't seem to be so terrible unless there are implications that I'm not aware of.

It's like a house made of glass. One may see the stars rise and the stars set through the glass, and yet a dark cloud may come over, obscure the view of the stars, shower rain and hail on the house, break the windows and flood the house with water. There are certain possibilities and certain non-possibilities. There are so many factors that can destabilize the data and the prediction that one hesitates to make the predictions except in the most general terms. The predictions may be off by years or by feet.

Are the natural disasters we are experiencing connected with the dimensional shift?

They are, in that, the fineness and intensity of the increasing vibration shakes loose areas that are not stabilized. As vibrations trigger land movements, earth changes may occur. The disasters act as a release to mother earth.

In what areas might these things occur? Are these things still being decided, or can it be foreseen what these earth changes will be and where they will occur?

It is still being decided, as is the time frame. There are general areas that are constructed with various formations that are more susceptible to earth shifts. These areas will eventually move and find homeostasis. It is a natural phenomenon in the mineral and earth realm and a natural process towards the progression of the stabilization of the planet as the sphere readjusts.

What is the time frame for the most intense changes occurring?

2012 to 2017, and up to 2030, before things begin to stabilize.

Will we see, during that period, great land mass movements? There have been maps of the Great Lakes going into the Gulf of Mexico. Are changes of this magnitude possible?

We do foresee some land-mass in western America breaking away into the water. We see landslides as the land suddenly sinks and the edge of the remaining land inundated by water. We see people trying to get out of the way of this. Although there are many signs of what is to come, people are not looking for signs, and so those that do not notice are going into the ocean with the land. There will be signs. Some signs have already happened. Life in its most basic form continues for everyone.

Do you see devastation by war or nuclear bombs?

This is a different area of prediction in that the earth is slower to change. The earth has set patterns which are stressed, and it is easier to predict their movement than to predict the actions of many humans and countries, which are more liquid and volatile than the earth itself. The earth has a more fixed and stable pattern regarding change, which allows more predictability. The human psyche can be stressed and reactive and harder to predict. There are areas of control that each individual may exercise over himself, areas of control that the countries exercise over individuals and areas of control that the master theaters project over the lesser theaters.

The chess board is more liquid, and plays can be more complicated concerning the actions of human beings. A human being may change his mind or stop his destructive action or be talked out of it by another inhabitant or another coconspirator. His actions may be checked by another party. It is also easier to change, as there are many factors that can be interfered with. Therefore it is hard to predict. There is the factor of the emotions of the populace towards war, the outcome of plans towards war. There is also a genuine opening of the hearts of the populace which may change that situation. Therefore, we do not predict.

I've read that a nuclear blast affects things on many dimensions other than this one, and there was a moratorium from higher dimensions stopping nuclear blasts from going off. Is that true?

A nuclear blast affects more than one dimension. Its effects start from the bottom, the animal kingdom that is within its sphere, the mineral kingdom that is within its sphere, the earth environment that is within its sphere, the humans that are within its sphere, and even the spirits who are not in the physical realm that are watching over and protecting an area that experiences a nuclear detonation. It even affects those spirits greatly. It is a great collapsing of the space, the anchor points, and the matrix of life from the tiniest cell to the largest spirit that falls within that area. It destroys their anchoring, housing, matter, the complex of the life fostering materials, and the precursors to those materials. It destroys the basic building blocks of life and leaves in its wake intense confusion that takes millions and millions of years to

bring back to normal. Other life may build upon the earth at the point of the blast and reestablish itself with other new shrubbery and new vestiges of life.

So, the life that experiences the blast may be damaged.

It may be damaged to a degree that is nearly impossible to repair the damage and to reestablish the trust of that life for any surroundings.

So is there an intent, on the part of inter-dimensional forces, to prevent nuclear weapons from going off in this realm?

It is one of the reasons that we work so hard at this time to establish communication. We can work in agreement with your realm. It is certain individuals that would wish to use such destructive means. They think there is glory in wielding such power. They know not what they do.

How would an intervention occur to stop a nuclear weapon from going off? Would that be from you, or from Ra, or both?

It could be from someone on earth who did not wish it, and then we could work to support him. We would seek ways or avenues to support, to lesson the danger.

Do you need an earthly liaison to intervene?

Not necessarily. We may intervene in some apparently natural manner and freeze the progression towards a nuclear explosion and send it in another direction. We are able to foresee actions very far down the road that may lead to nuclear conflagration, and we may change that progression through some coincidence or interaction to send the final result in a different direction.

Has this already happened in the recent past?

For example: Terry asked us what would be the most important prayer, and our suggestion was to pray for nuclear disarmament. Terry prayed, we prayed with Terry, and we prayed with individuals who, in that same moment, were affecting the course of nuclear proliferation. We shed light on the subject and were able to make a shift in the direction of the nuclear program for that day and even from that day forward in time.

Was Ra working on that also, or was it just the Elohim project?

Ra is always working with such projects and was also working with this.

So it would be good for anyone reading this to put out a prayer for nuclear disarmament or no nuclear weapons?

Yes, that is a very good prayer.

There were other times when nuclear weapons were used. I would have thought that somebody would have set off a bomb in the last ten years, and yet it hasn't happened.

There are great dangers ahead. You are right, however. The world is still affected by individuals who would bring forth this destruction as an expression of power.

Why were the atom bombs in Japan allowed to go off in World War 2?

There was a great outcry of the people at the time for the end of the war and for a show of power to Japan to conclude the war. There was too much backing for the project for it to be stopped.

What happened to the people who were caught in those blasts?

Different things happened to different souls depending upon their locations at the time of the blast. The ones that were burned and survived were luckier than the ones that were vaporized and blown up into the blast. The ones that were vaporized, lost their anchor points suddenly. There are no words for the agony of such loss of anchor points, loss of all direction and loss of all connection with anything familiar. In a normal body death, a soul maintains a sense of its own anchor points, not with the body anymore after it has left, but its inner anchor points, its own soul matrix. In a nuclear blast, the one that is vaporized also loses its soul matrix and struggles to find it. It misshapes itself into the vestiges of whatever portion of the blast it finds itself in in an effort to maintain form. Form is destroyed in the blast. The multivision of the form that the soul has relied on is suddenly misshapen terribly when it attempts to fit itself into what its form has become. However, its form is no longer form, and the soul energy pyramids into the sky. It may become very tall in conforming to the shape of the blast. It may then hang in the sky with the cloud. He can become mixed in, and bonded with, the entire group that experienced this vaporization. As a group, souls that have experienced the blast may descend, or they may hang in the sky for years.

How do these souls reenter the track of reincarnation so they can continue their evolution?

As a very large group, they may descend over some poor soul and take it over as a possession. They attempt to live through that one soul with a body and attempt to again find and regain their sanity,

which is very difficult due to the diverse nature of the souls in the group. This is very saddening, upsetting and maddening to the person who has been so possessed.

The consequences of a blast are tragedy of great magnitude that should be avoided at all costs. Use of nuclear weapons is not worth the destruction of the lives of so many souls.

Is part of the treacherousness that the world is going through now connected with the dimensional-shift period?

The quickening is occurring irrespective of anything one may do. There is a shifting of the energies of the solar system and of the energies impinging on the solar system that is affecting the earth and those on the earth. With that comes a lessening of the veil.

Does it help to pray for souls who have been caught in a nuclear holocaust?

Prayer always helps, however they are in a distorted malformed pocket of energy that is very hard to penetrate. They are too close to each other and are so condensed they are not able to sense prayers for them. The prayers cannot penetrate the denseness.

How many years of earth time might it take souls caught in such an incident to recoup themselves and have full-body incarnations?

Eventually over time they will learn to work together to some degree in a very distraught fashion, always searching for their answers, not knowing what is wrong, having forgotten about their past. They only know they were impinged upon and that they are submerged.

Did this happen to some Atlantean souls? Did some of them get caught in this kind of catastrophe?

There were some blasts in Atlantis, and souls did get caught up in this.

It is our joy and honor to share with you, our companions on earth. Good night. We'll watch over you.

Passing Over

It can be a glorious releasing into the light and a freeing of the bondage of the soul from the infirmities of a particular body.

Council of Elohim

Terry channeled the Council of Elohim, and I presented the questions.

I thought I would do a chapter on death and the realms someone goes through when they die. Is that an appropriate topic?

Death has a very dark connotation, and yet we do not see it as such. It can be a glorious releasing into the light and a freeing of the bondage of the soul from the infirmities of a particular body.

I would imagine that there are as many experiences of death as there are people. It would be very much different from one person to another.

That is true, but the basics are the same from person to person. The differences arise in the mindsets of those undergoing this experience. Their mindsets are important. The mindsets of the people surrounding the person passing over are also important. The attitude with which the death is undertaken is crucial to the outcome of the journey.

So a painful death, or a death where one is sad and forlorn, would have a different journey than another kind of death?

A painful death is not necessarily a hard death if the attitude is right, because even if there is pain, the pain will release upon the release from the body. In the instance of a body that is in intense pain, the pain can even trigger death and a separation of the soul from the body, thereby alleviating the suffering. In a sad death, where an individual does not want to part from another, one may stick around in the third density realm as a spirit form.

Is there any kind of parallel that could be made between death and sleep?

Death is a vanquishing of the body, a leaving of the body. Although, one may die and still be connected to the body, as in a near death experience, in which case one can return, even though the body is medically dead, and bring the body to life.

In sleep, the soul may astral travel; however, there is still a connection with the body and an intention of the individual to continue with the body. However in body death, the intention of the individual is to be released from the body into the light. In what we could call a

successful release, one would let go of the body and merge into the spherical etheric realms surrounding the earth.

A more difficult death experience would be where the soul continues to identify with the body even after the body is dead. Instead of releasing itself into higher realms, the soul still thinks it is the body; so in a dazed state, it clings to the body, lying in the grave where the body is buried. It will take that individual many years to venture out and continue his sojourn through life. In this manner, cemeteries and burial grounds become the haunts of ghosts.

Where does the soul go when the body dies?

There are many answers. There are many places that the soul may go. We take the example of a soul that considered that it was the body. It stayed with the body and, eventually, ventured out in ghost form. Not realizing that it was as a ghost, it experienced the location of its death, and it ventured as a ghost through its familiar haunts. Eventually it enters circumstances of birth and is born into a new body. Another soul, that is not so identified with its body, may respond to an effort of reorientation by the other side. It may recognize its friends. It may go into the light to be rejuvenated. It may see its life as it was and may review any shortcomings, any mistreatment of others, and any mistreatment of himself. It may review the lifetime so it can move on, cataloging areas it wishes to work on. We will then help it to learn the lessons and help guide the future probabilities of the life that it chooses to experience. This is done with love and caring, as the soul is loved more than one could imagine in this third density realm.

Where is the information stored that a person uses to catalog areas he wishes to work on?

It's held in the field of the person and in the surroundings of the person. With much love and care, more love than one can imagine, great care is taken with each person; each is treated with love-light. The reference points are held in the field of the individual and of the people working with the individual, and together they work with higher forces. Also, there is an anchoring of energy to resonate with similar situations and circumstances extending and projecting into the future that will allow for growth opportunities in future lives so he can have the experiences he needs to gain the insights and life experiences necessary to master and fulfill his desires.

Are there any kinds of death that are to be avoided if possible?

We would suggest that one avoid death by way of explosion. A sudden rearrangement of anchor and reference points, both in the body structure and in the environment, creates resulting trauma which is not easily dealt with. The soul may experience a very deep mistrust of the environment, and an inability to adapt may ensue. Death by trauma such as by explosion may disrupt the dimensional relationships and anchor points of the individual body and its environment so suddenly and unexpectedly that the soul is unable to track with the event; a mistrust of the basic building blocks of its life and its ability to continue may be engendered. As a result, the soul becomes stuck and unable to relate to viable dimensional anchor points. Should it lose its ability to relate satisfactorily to its surroundings, it may become incapacitated and traumatized; it may wait for rescue—rescue from its own inability to trust and to continue its own life path.

What happens in the case of cremation?

When a body is cremated, it is no longer available to cling to, and the soul thus is released from the body, feeling it has fulfilled its responsibilities to the body. With the case of non-cremation, the soul may still feel responsible for the body, even though separated from the body; it may hang around making sure that the body is properly buried or taken care of. There are some ceremonies, such as funerals, Indian burial rites or other ceremonies, that bring about the proper farewell to the body and relieve the soul of the responsibility of the body. In those circumstances, the soul is able to leave. The rapid cremation process may impart some pain to the soul as the enforced dissolution of the body is thus completed.

How about people who donate body parts? How does that affect a death experience?

Depending upon the body part, the donor soul may feel identification with that body part and may share space with the recipient. Thus, a recipient may experience a personality change after opening his/her body to the energies of the donor soul.

Might the donor attach itself to the recipient of the body part?

That is possible, and it has happened in a number of cases.

So, someone receiving a heart from someone else could end up being attached by the donor. In what percentage of the cases does that happen?

It is an entirely individual thing depending upon the part that is donated.

Would it be more likely for a heart than an eye?

It would be more likely in the case of a heart-lung transplant or a kidney transplant than in the case of an eye transplant. Mostly heart or lung.

Is it likely that a donor soul will be hooked into this realm when its body parts are donated?

It is a matter of trying to get into life again through the back door. Rather than to go out and reestablish a new life under new circumstances, the soul hangs onto the familiar.

So it is likely that the donor will attach itself for a longer period in the physical realm?

That is correct.

Please compare a person who dies isolated and lonely to a person who dies in a loving environment. How does that difference in circumstances affect an after-death experience, and how does it affect future reincarnational experiences?

Further qualifications are necessary to know the outcome of the death experience. A soul passing in a loving circumstance may leave in a spirit of adventure and be carried into the arms of angels. It may find waiting and welcoming family and friends in other realms, where they have, in a loving and friendly and non-possessive way, conveyed permission for the individual to transmigrate. The soul of the isolated and lonely individual may expect continuation of the isolation and loneliness and, therefore, may not recognize the waiting arms of heaven. It might be expecting abandonment, and so it will envision and see abandonment; it may be attuned to that vibration instead of the loving arms of friendly welcomers. It may miss the opportunity in its transition to experience the loving release. Since its vibrations are tuned to isolation, abandonment and that frequency, it will resonate with, and vibrate to, the opportunities for those experiences.

Is it more difficult for that soul to get angelic support when it enters from that place?

The support is there for that soul, were that soul to ask. Seek and ye shall find. One will find what one expects and looks for and surrounds oneself with.

When one is in an isolated circumstance and is about to die, what would be the best attitude before dying?

The best attitude would be to read the words of the earlier chapter about moving out of the box, the framework that one has set about

oneself, and moving into the love-light of the creator's arms to be rocked in the vibration of love. If one can step out of one's box of isolation but for a fleeting instant to grasp the surrounding love-light of the creator, and allow oneself to be surrounded by and to experience that love-light, to move to that frequency even for an instant, one has a starting point for further exploration into the opening of the heart.

That is a beautiful answer. I would think the idea of a hospice where people go to die, where even strangers can give them love, is probably a very positive thing to search out if one is expecting to die. Is that true?

Hospices do a very great work in helping individuals pass over. Dannion Brinkley has developed the idea for a hospice where it creates a safe haven for one to accomplish one's transition with the optimum amount of love and care. We welcome work with hospices, as much can be done in that environment to strengthen the successful transition for members of the third dimension.

At some point people visiting hospitals or old age homes, probably in pairs, could be a very lifting experience for those people who are in isolation. It would probably be a lifting experience of high service for the people who do. Is that true?

This society has a tendency to forget the older people and place them out of sight in nursing homes and the like. Older people have much to offer, and much more can be done to aid the life of the older person and to give the older person the opportunity to have fellowship with younger people. Your culture would be more balanced and would be benefited by a two-way exchange between the older and the younger. Not just the younger person administering love and care to the older person, but the older person sharing their wisdom and what they have to offer to the younger person as well.

How much does the specific manner of death, and the ease of death, affect future reincarnational experiences compared to the track of all the lifetimes a person has lived in the past? How would that experience affect future reincarnational experiences?

That is a broad topic. A violent past-life death may affect a future life bringing warlike attitudes to the violated person as he attempts to balance or rectify the violence that has been done to him. Violence co-creates violence. If one had died violently, his body in the next incarnation may show physical evidence of the past life violence. For example: If one had been shot in the head, they may have damage to that area of the body, it may show as a birthmark, it may be a deformity in that area of the body: an eyelid might be slightly closed in an

area where a person had been shot. An event of violence upon a body may destroy the dimensional anchor points in that area of the body so that the individual may carry that deformity into his next incarnation.

The question is very broad. Do you have further refinements to the question?

Another way of saying it is: How much possibility does a person have of rectifying the karma of all his past lives in this one particular life with a very high intention? How does the Christian idea of grace work if a person's intent is high enough?

An individual may pray for healing. You may surround yourself with people who have healing properties, and you may pray for the desired change, the desired healing. You may picture yourself healed and strong with the qualities that you desire, and yet at the same time observe your infirmities. As you ask for resolution, observe exactly the situation as it is expressing itself through you. No matter what the nature of the infirmity, you will gain data about it, and we are there to hold the energy for you as you observe, to bring love-light to you as you observe. As you observe it as it is in truth, thus it will be able to change. This is the foundation of grace itself. You do not have to do anything to change it. It is changed by grace. When you view the desired object that you wish to change, the desired behavior that you wish to change, when you view it exactly as it is, you reestablish into free form motion the holographic structure that had previously anchored the problem, and it is able to move again into a more amenable, viable, workable hologram. You have become a creator affecting your inner environment; and in doing so, you obtain control over a particular situation.

How about one who is considering suicide or violence to another? How does this consideration affect one's future?

Hold the energy. Do not give up and tumble into hopelessness and despair and, below that, into treachery and deceit. Hold the energy of connection and healing no matter how difficult it seems or how difficult the odds. The healing is there for you and will manifest. It may take longer than one lifetime. Remember that time is part of this realm; it is not part of the eternal realm. Therefore, maintain your integrity and your soul watchfulness. Watch for opportunities to heal and grow. When you sense an opportunity, someone may say something. You may read something. Something may appear and will bring an energy with it. You may sense that it resonates with your path towards

healing and pursue that as long as it takes you towards your path towards healing, as long as it resonates. Keep a watchful eye for healing. These are guides and signals along your path towards wholeness and oneness with the infinite creator.

It may be difficult to hold the energy, but realize that much of what you feel frustration about is not really your own. There is a tangle of other intentions that may be impeding your intention. Keep the faith, it has been said. Keep your honor. Do not despair or give up, although the path may be difficult. Were all the threads that have been woven together to make your ambience, your presentation as it appears, unwound and strung out, you would laugh with joy. You would be whole. You would know that you are loved and cared for. You would love and care in a much greater magnitude than you might be if you despair.

It seems that if one is in that position, it would be very good to find a group with which to be in real fellowship. How could he trust a group? How could he discern a group he could trust when he's coming from a place of such separation?

You are right; finding such a group could be very helpful, but group also has dangers. Therefore, you need your discernment so you don't get lost in group think. Note where the group resonates with you, and pursue it. Where the group does not resonate with you, don't pursue it. Many wanderers are here. Each has its own sense, its own person, its own path, its own resonances it seeks.

When you are with a group, when the group-think and the group energy does not resonate and ring clear, do not pursue it. For instance: If one is raised with the idea of stepping on the American flag and blowing oneself up for the glory and purpose of a cause, there may be within oneself hesitancies and a desire to run to a different scenario or path. Realize that there have been times of great distortion about the expected results from such a scenario.

The misinformation that was laid down in an earlier track may foster such a belief. The scenario now, and earlier in the track, leads not to the expected outcome. Although it is falsely projected that such an outcome is glorious and leads to glorious results, it is a shimmering fakery of the real outcome and truth. It may appear that you may blow through your frustration in that manner. However, in the long run, it will create more frustration, because life is loving, caring, sharing and communicating, which revivifies one's purpose and existence.

The path of expressing frustration in such destructive manners leads to further frustration because it does not support life and continuance on the path. It is as if you feel that ending it all in such an explosive manner is an expression of freeing yourself from frustration. However, it is a progressive dead end, and you tie yourself in a box. It is like a roadblock on a road that stops your progress. The result is that you do not trust your environment, your path, your friends or your good-natured love. It is a fakery of a final solution that leads to a progressively wanton and destructive life that is at odds with the true purposes of life itself. It is a shimmering fakery that some may to some degree resonate with, however what they are resonating with is the fakery falsely laid in some past scenario.

It might be likened to a person that attempts to get a reprieve from an ageold pattern. The reprieve seems to fix it for a moment, but the pattern comes back. Now the person is stuck in a commitment with whoever he did the reprieve with.

It is similar. The reprieve is like being forgiven all your sins and being one with everything, but it is a fakery because it is not being one. It is a denial of the basics of existence. When you try to exist in glory, it is a contradiction in expression and in the ability to carry on with the given building blocks that you have to work with in your life travels. It is a denial of those building blocks, and it is a short, quick fix that only lasts for an instant. Then you are in more trouble than you can conceive of.

Would this be like a guy in financial need that accepts a loan from the Mafia and, for the rest of his life, is indebted to the Mafia?

It is much more basic than a loan from the Mafia that will pass unnoticed in his scenarios over many lifetimes. The one that contains deadly force carries an impact that will travel with him through future lives.

Where is the deadly force?

Using deadly force to extricate yourself from circumstances, to do a quick fix, to teach others a lesson or to achieve salvation through blowing yourself up, may shimmer on the horizon for some of you as a glorious means to arrive at another level. This couldn't be farther from the truth. Although you may not fix yourself in one lifetime, remember that ultimately there is no time. The story may have chapters. When you hold a strong enough intention that you will resolve a situation,

you will be given the means, and it will resolve, but not necessarily immediately. It will resolve when it resolves.

I would imagine that, just by the reading this book, that one might tap into the reality that there is support inter-dimensionally that is very real.

Yes, you may sense the love-light around you. You may hear our intentions for your healing and you may sense our love. When we say he, we include she. We are not sexists.

Are there an equal amount of male and female Elohim star-seeds?

Yes, it depends entirely upon the lessons a star-seed wants to learn. One star-seed may experience both male and female in different incarnations. We [Elohim] are considered more female because of our creator energies, our ability to handle delicate forms, our ability to heal and coddle life forms and our streaming of liquid, loving energies. However, we are also very strong; we have both male and female abilities.

A question which is slightly off topic: We had asked about the third dimensional experience of the Elohim. It was answered that, billions of years ago, the Elohim had evolved from physical bodies in Andromeda to their present position. At the time the Elohim were in physical bodies, was there another group that was acting as a higher support system for those bodies in a similar manner that the Elohim are doing for us now? If so, where is that group now?

Many of our group, in fact the majority of our group, are working in other realms that are precursors to life. Those portions of our group recruited other portions that had bodies to work with them. Therefore, those portions did have life in human forms, and they engendered back into the main group. There is an overseeing force that has not incarnated into bodies, and intends specifically not to, to maintain the purity of intention that is needed to guide and direct creation, as so many of the incarnated souls become polluted with other souls with whom they intermingled. A portion of the Elohim remain as creator guides to keep the purity, to hold as an example and a light for the rest of creation as it goes through its many lessons. This portion of the Elohim holds the energy for the rest of creation so that they may learn. This portion is a guiding force ready to show the way back.

So if I understand it, there is a portion of the Elohim that never has the experience of being in a body, that holds the energy for the center of creation. That portion is connected with the original oneness, the original first cause, and has never separated itself into the physical universe. Am I saying that correctly?

Yes, you are.

Are there other universes that have similar things happening, or is the Elohim connected with the only universe in existence?

All is one; all is many; all is nothing, all is everything. Even within one's body there are universes upon universes. A body is its own universe.

Another way of posing the question: Is the Elohim connected to all that is all the time, or are there other parts of creation which lead to oneness which the Elohim is separate from?

The Elohim has separated out of the nothingness to bring creation and thereby, further down the line, to create separate forms for the focusing of life and life experiences. There is a basic One out of which everything else springs. Many universes spring out of the One.

Since this is a chapter on passing over and death, perhaps we can include a question on birth. How does a soul who is in another dimension choose its parents? Do the parents choose the soul also on some level?

It is through vibrational affinity that a child soul is attracted to the parent soul. There is a mutual recognition. Souls that need each other find each other.

Is there more than one choice that a soul could make, and are they choosing?

They're choosing at an unconscious level, a vibrational level.

In a birth experience, are there certain situations that are more optimal? Is a midwife better than a hospital? From your perspective is one method better than another?

There are advantages to birth without trauma. Therefore, a birth that would lessen the trauma would be the better birth. For example: In a water birth, the movement of the child from the womb into the water and then into the air would be an easier birth.

We suggest now that we take our leave.

Prayers and Miracles

You are within time, space and location; you are within anchor points already. The Elohim, which are outside of time and location, can project anchor points into time and location. Therefore, the Elohim can create miracles because they are working with the whole of the materials of which creation is made. You working within the creation from the materials previously made.

Council of Elohim

Terry channeled the Council of Elohim, and I presented the questions. **How does prayer work?**

Prayer is effective to the degree of intention of the individual making the prayer. Since form and life are held together by intentions, prayer may intersect those intentions and reinforce those intentions towards life and healing. In this manner a "black witch's" prayer [a prayer from a service-to-self source with the intent of control, i.e., a curse] may also affect the intentions holding life together and create a destructive influence. The degree of passion behind the prayer, the degree of intention behind the prayer, is directly proportionate to the degree of effectiveness of the prayer. This is because form, sub-form and precursor forms are based on intentions that can be affected by other intentions.

Does man tap into his sub-god abilities to create from higher realms when he successfully prays, or are the prayers connected with other entities and groups that participate in the execution of the desired result?

When a you pray, you are tapping into your sub-god abilities for creation with intention. When you pray for the assistance of a creator god, such as the Elohim, you add great intense power and wisdom beyond your belief; you give your prayer wings. If a person prays a blackwitch harmful prayer, you may not get much assistance in the fruition of your prayer. It boils down to mathematical equations with variables. The variables being: the passion with which you pray, the power of your intention, the joining of other people in consensus reality, the backing or lack of backing for the prayer, and the assistance of the Elo-

him or Ra or other high force in bringing about the successful result of your prayer.

When one prays, one is creating anchor points and energy in the same way that the Elohim creates anchor points and energy so that on some level something can happen originating from another level and manifesting into this level. Is that correct?

No. you have a myriad of anchor points: your family members, your location, your job, your job location, your car, your city, your country. You are locating and sub-locating telescoping anchor points, moving anchor points, changing the relationships of anchor points. Your are orienting yourself in relationship to your anchor points. When you pray, you usually pray for an object or person that is an anchor point to you. If you pray for something less tangible, like peace, then your anchor points are more loosely available to attach to the object of your prayer.

You are within time, space and location; you are within anchor points already. The Elohim, which are outside of time and location, can project anchor points into time and location. Therefore, the Elohim can create miracles because they are working with the whole of the materials of which creation is made. You are working within the creation from materials previously made.

You may change your attitude or the materials you are working with by the nature of your intention. As you change your intention, creation will work with you to help fulfill what you are creating. Therefore, at a lower level you, are affecting creation within the confines of your universe. Since you orient yourself in your universe by your anchor points, you subject to those anchor points. The Elohim is not subject to anchor points, but they can work with them as building blocks, particles or non-particles. The Elohim are creators. You are more of a builder. Do you have further questions?

When someone like Jesus was in this realm, was he more of a creator, or was he somewhere between a builder and a creator?

Jesus was able to move in and out of creation and to be in one realm or the other. He would be able to step out of creation and work with it from a master's viewpoint. He was able to step back into creation and do carpentry.

Since Jesus said that we had the potential to do the same things he could do, then I assume it is possible for us to create from the same place as Jesus. Is that correct?

Yes. When you can step out of your anchor points, you have the potential to create from outside of creation.

I would like to understand anchor points better. It seems as if anchor points have been referred to in two different ways. In one way we've talked about our having anchor points in a worldly sense, in familiar things. Perhaps the way we grounds ourselves would be through our anchor points. Is that correct?

That is well put. It is the way you orient yourselves.

However, the Elohim also referred to anchor points in the origination of creation where there is no location. Anchor points are set out and filled with energy. Are these anchor points different from the ones we use to orient ourselves?

It is looking at the same creation from two different perspectives: from the top down with the Elohim creator god, and from the bottom up with man. It's a broader definition of anchor points, expanded from the individual particles of form into whole groups of form.

So when the Elohim makes an anchor point to make some kind of original creation, that anchor point is not made of torsion wave radiation or etheric energy according to the answer of a previous question. It is part of intention that is really nothing; the intention exists, and energy fills the intention. Is that a way of perceiving it?

The intention creates the boundary of which further intentions of "spinningness" may be bounded. In other words, anchor points are unseen extents of the intention within which the "spinningness" may occur.

Might there be a correlation between anchor points and the word vision?

Yes, in the sense that a vision is a projection.

Is it something that needs to be filled with energy to manifest.

You are getting into the hard-work aspect of something when you speak of needs A creation of Elohim is a flash projection that manifests instantly.

One does something similar when one has a vision. Of course in most cases, it is hard work on the physical realm to manifest a vision.

A vision isn't necessarily hard work, even on the physical realm, though it may be.

However, in the Elohim realm, it isn't hard work to create a vision that creates an outline for something to manifest as it is filled with energy. It probably happens effortlessly and quickly.

It is a flash, a joy. It is like an artist at work.

So could you can create an orb in our room, in a flash?

Ra is more the creator of orbs. Who you are talking to now has a very large space.

I felt the space change in the room when I made that request.

There was an invisible orb that appeared in the room; it was so large it encompassed the whole room. That's what you felt.

It's still here changing the energy in the space.

Yes, it is.

It's a nice feeling. How large is that space?

It is a space over your house, extending outside of your walls and into the sky.

When I asked the Elohim to help my sister and she had that healing, how did they implement that energetically?

First, we had to change the factors in her blood. Second, you had to cheer her up to allow the changes to occur. However, the job is only part way to where she would have glowing health.

You mean glowing health is a possibility?

Yes.

What would she have to do to have glowing health?

Better interactions. Change her diet, more raw food. We do not see her changing without some help, some cheerful calls, some change of attitude on her part.

So when you changed the blood, did you move into the space of her blood with anchor points and microscopically transform the situation.

Yes, like a great filter, releasing it from her blood.

Is that an easy process for you to do when the person has the right receptivity?

Yes.

Could that be done for others who have infirmities?

Different procedures are for different people and different infirmities.

What would be the best attitude of one who wants to receive that kind of help?

The best attitude would be to pray with all your heart, to open yourselves, to listen and to look for the love-light.

Is that an unlimited power that the Elohim has, or does it have some limitation? Are there certain infirmities that, even when one prays with all one's heart, are beyond the scope of healing?

It is a complex affair. If you could take a measuring stick and measure all the factors involved, you could calculate the probability of healing. One factor may overbalance another. For example, the stronger the passion, the stronger the intention; the stronger the prayer, the better the contact; the more open the heart, the more willing one is to drop some bad habits that contribute to the sickness. When you correlate and measure all of these factors, plus others, you come up with the probability of healing.

I sense that someone like J, who has polio and can't walk, has this infirmity because it is a balancing of something from another lifetime. If she comes to the point of learning the lesson that the infirmity was meant to bring to her, could she walk again?

J would need to believe she could walk again, but it is possible. Is that something the Elohim could help with?

Our relationship with an individual is a co-creative relationship, and we would need to work with her.

Is there something I could share with her that would help her in learning how to co-create with you?

We suggest that I sense our love-light as she lies in bed. Sense our love-light around her legs and reach out with the life in her legs to the light of the Elohim; we will reach back. Do this a little bit every day.

OK, I'll pass that on. That would work probably for anyone that has any problem. Is that correct?

Yes.

Certain things happen on this planet that we deem to be miracles, and I wonder what the source is. When a miracle occurs, or when something defies the laws of the physical universe, does it necessarily come from Elohim or Ra? Can it come from somewhere else?

It can also come from somewhere else.

In a previous question about crop circles, the answer was that they were being made by orbs from Ra. Sometimes people see an image of Jesus in the window, or see a statue cry or a crucifix bleed. Is that the kind of miracle that the higher forces could do on this level?

It is possible that a higher force may do that. It is also possible that a lower force may do that. Individual circumstances must be taken into account.

Why would a lower force do that? What would the source's intention be?

Individual circumstances must be taken into account to determine what the miracle is or what force is behind it. Divas or other earth spirits or other spirits might be playing it out and creating the effect.

When wants a miracle, what are the requisite steps?

Map out the journey from where you are to the result, the miracle you want to achieve. Picture where you are now. Picture yourself at the end of the journey with the goal accomplished, the result achieved. Experience the trip in a nonlinear fashion encompassing the whole trip. Don't leave out the beginning and say, "I am at the end. I am healed. I am rich." Don't leave out the beginning; the trip starts where it starts. Don't leave out the end; the trip ends where it ends. Encompass the trip in a nonlinear fashion. Create an intention encompassing all parts of the trip to the end. In experiencing where you are now and where you are going, you may then transmute yourself through the journey to the end.

When one is making a trip and going from the beginning to the end, obviously intention carries one from one point to the next point. To make the trip easier, pick the path where there is the least counter-intention for your goal to be manifested. Right?

You may even picture the trip without counter-intention. You may view the counter-intentions as vectors impeding the progress toward the end result. Map it, catalog it, observe it, note it. Pray that those impediments be taken away. We will listen for your prayers.

Grace

We have an entity we have named Grace in the higher level of Elohim that is able to bring through little spark-lets of love-light around you creating little connections to unstick and move into free flowing existence the geometries of stuck matrices, thereby unsticking karma.... Grace is a disconnection from the physical laws of cause and effect.

Council of Elohim

Terry channeled the Council of Elohim, and I presented the questions.

When making a connection to your realm, how can the connection be sensed, and how can the connection be used for higher service?

When you come to the realization that we are here, and you try to hone in on us and look for us, you often end up looking at the molecular vibrations around you and tuning into the lower vibrations and not tuning into our very high frequency that is able to permeate your frequency. Our frequency can come across as a very light, high vibrational flow full of love-light, and you can realize a sense of home and a feeling of being deeply loved. It is a two-way love, as the connection is back and forth.

You have immense potential for love. Once you recognize this higher vibrational, intense love, it can reach you from all directions. It is a matter of realizing what you are looking at. When the vibrations are of a lower or more gross nature, then the reflection back may be the light of your own being intersecting molecular structures around you as you put out your energy field. However when you connect to us, our vibration pervades through the dense molecular structure of your realm. It is like a far away love signal, a high vibrational signal that moves through matter, clear through matter. It does not just bounce back to you from a proximity range of a millimeter or so to miles from your dense matrix surroundings.

Was there a further part of that question?

Right now, are we talking to the Ra group or to the Elohim?

You are talking to the higher level of Elohim above the Council of A'an. It is a higher level from the tenth density.

When the quality of Grace occurs, is that an Elohim quality that is downloaded or a Ra quality or both?

Grace is a disconnection from the physical laws of the outlying matrices surrounding you. It is a disconnection from the cause and effect of those more immediate areas of the geometries of proximity. With grace comes a knowledge of the unique fluidity of your capabilities to connect matrix-wise to higher vibrations and to cut through the surrounding, frozen, more-fixed geometries in the more proximate matrices to your location in time-space.

So in other words, Grace is being able to temporarily disconnect from the normal blockages that geometries are creating in the lower levels and to access a path beyond all that through the higher connections.

Yes, and that is why we have an entity we have named Grace in the higher level of Elohim that is able to bring through little sparklets of love-light around you to unstick and move into free flowing existence the geometries of these stuck matrices. Often in a given situation, you lock energies with other people or other aspects of the situation. Thus, there is a multi-matrix locking of geometries, as is now going on with the economy. The geometries are locked, and the participants feel penned in, particularly by the severity of the matrices of all participants that are locked into the same circumstance and are moving together in a locked geometry, a fixed, unflowing, unmoving situation, that has not yet resolved. This is akin to the log jam that collects at a bend in the river. The bend represents the change in direction at which point the logs build up and jam. So it is in different situations; log jams of different geometrical configurations build up and prevent the flow until something breaks loose.

We have an entity, actually a group of entities, named Grace working together within our bubble. They are able to sprinkle star dust, so to speak, or little flecks of light. Each little fleck of light—that one may see around them—is an intersection between the higher lovelight of Grace and your matrix freeing up the flow within your matrix. Each little fleck of light is like putting WD-40 on a squeaking door; WD-40 is analogous to little sprinkles of energy dust. It is not really dust; it is "create-ful" lubrication from the light. The light energy intersects with little sections of frozen tetrahedrons to loosen the log jam just as WD-40 intersects with the surface areas between two locked pieces of a metal door hinge to get them sliding more evenly over each other. Thus, the flow between the two sides of a situation can be eased or encouraged.

So there is a special energy form, Grace, that may be invoked to aid the flow of the matrix logjams in our lives?

Yes, Grace knows her name. Grace is honored to serve you. So let us invoke Grace right now.

Grace sees the many stuck points of flow and, much like WD-40 it is needed between people and between countries and between groups in your realm.

Yes. We will invoke Grace in our Sunday morning grid healings. Grace probably is a she. Is Grace a female energy?

Grace likes to be called "she," although there is no gender where she comes from. She is there to facilitate the flow of good energy between situations and people much as a mother or a wife is there to ease the burdens of the family and to make everyone's life within the family flow together better. She is happy to be referred to as "she" in honor of that.

As we close this session, I hope Grace will be here and you will be here as everyone puts their particular prayers and issues into the light. Would you like to say anything more before we have the individual light contributions?

Grace is available. All you have to do is call. Communication is not effected with a cell phone or a telephone. You, yourself, are the tuning instrument; you are able to tune into Grace. You may call Grace by name.

We thank you for allowing us to visit today. We are thankful and honored to be with you. We again give the caveat that if you disagree with anything that has been said, do not feel badly. It is merely another dimension or timeline that is available to you.

Ascension

Those that choose not to ascend will remain with the third dimensional life process and will undergo great difficulties. They will be rounded up to begin their renewed progress in third dimensional activities in another area.

Council of Elohim

Terry channeled the Council of Elohim, and I presented the questions.

Up to now we've been talking about all these interactions between other dimensions and us. We are in the third dimension. Could you explain how we are connected with the earth vibrationally?

You are in the earth field. You are affected gravitationally, ethereally and magnetically. As you have spinning centers of light within your bodies, the magnetism of the earth creates a sense of direction and orientation and, thus, an adaptation to a particular location. The minerals in the food you eat are very grounding to your bodies.

Is there a connection between the magnetic field of the earth and the human memory?

It is all intertwined. Your memory is not exactly like the recording on a magnetic tape; however, your memory will continue in the your soul's akashic record. During the dimensional shift, your slate will not be wiped clean, but it will thereafter interfere less with your progress through life. It is always there for your access. However, we see that what is permanent that is bothersome to you will be diminished or erased after the dimensional shift.

What is this dimensional shift? Explain how it works and how is it impacting us.

It has to do with the energies and frequencies on your planet. The volume, the intensity and the frequency are increasing. Sometimes you may feel the need to increase your frequency to keep up with it. You are trying to shift higher to keep up with the energies. The veil is getting thinner. The energies on the other side have more access to you. We can connect with you more easily. You are more open to our energies. Relations of dimensions are shifting. They are getting thinner and closer to the heart. The ability of your souls to share is opening to opportunities that were not present before.

The dimensional shift contains two words: dimension and shift. Dimensions are very clear in the third dimension. There is x amount of distance between the Coliseum and the Appian Way. As the world quickens and the vibrations increase, your will gain the ability to supersede the linear distances as your awareness quickens. You will be able to sense the dimensions more exteriorly, and there will be more light available as reference points. You are viewing the scene from a different perspective. As the world quickens, your perspective of the space between the Appian Way and the Coliseum is clearer. Instead of viewing it as a straight third dimension with x miles between where you would have to drive from one to the other and only see the trees and the road between, as things quicken, as light intercedes, you will have a more nonlinear view of the distances, a more three-dimensional offplanet view. Your senses will expand to include a dimension that was not available to you previously. You will develop a sense wherein you can encompass more space at the same time, seeing the vision as a whole from a perspective not available strictly in the third dimension.

When I think of someone, I feel more present with him/her, as opposed to just mocking him/her up. Is that a possible interpretation of that feeling?

You will feel more present with him/her because you will have more perception of the energies that make up him/her. You will have a deeper perception, a greater understanding of the individual, a viewing of him/her not just as a three-dimensional object but a fourth-dimensional presence.

In other words: in the fourth-dimension one is more aware of the influence of the other, the makeup of the other, the undercurrents of the other. It is a deeper awareness and an awakening of another perspective.

When I think of a physical location that I've been to in my life, I feel more present in that location. Perhaps my energy is in that location because I'm thinking of it. Is that the idea?

Yes, it will be easier to transfer and pick up vibrations from the movement via thought into other arenas.

Is the technique called remote viewing a fourth-dimensional ability that is specially opened up to people who have been using it as a process?

There will be more instances of remote viewing as you awaken into the fourth-dimension.

Will the experience of feeling love-light energy from a group soul surrounding us be more available now as we move into the fourth-dimension?

Yes. In the fourth dimension you will be able to perceive this.

Are we in the fourth dimension now, or are we still moving towards it?

You are still moving towards it.

Is the Mayan calendar date the accurate date for the transition from the third to the fourth dimension?

It will be the peak. However, the progression of energies that have been built up will continue, in some areas faster and in others, and eventually will peak in 2017 creating other changes.

There is a process that Jesus called ascension or rapture. Many people think this experience will manifest during the dimensional shift. Will it manifest then?

Some of you that are ready will ascend and be catapulted into the next dimension by the momentum of your joy and your progression into this state. Others will not notice, will struggle against it, and will continue as part of the third dimensional voice.

Where will those who ascend go in relation to those remaining in the third dimension? Are they still in the same physical space in a different dimension?

Such separations occur by choice. Those that choose not to ascend will remain with the third dimensional life process and will undergo great difficulties. They will be rounded up to begin their renewed progress in third dimensional activities in another area.

When one ascends, where does one go?

Into the fourth dimension. It will carry those who ascend.

Is the fourth dimension another physical realm that exists parallel to and simultaneously with this one?

Yes.

So, the two realities exist simultaneously?

That's correct.

Does that parallel reality exist in this moment?

Yes, it does.

Are there beings in it right now?

Yes, there are.

Are those beings waiting for us to take care of us when we arrive there?

They will welcome you in joy and love, and you will fit in your own niche CO-creating with similar beings.

Are these beings members of the Ra group and the Elohim group? *They are.*

Is the realm we arrive in a temporary or permanent destination for us?

Those of you who ascend will flood into this realm and will interact joyously and safely. After the shift, you will have an opportunity to return to a heavenly earth to integrate into the fourth realm. Those wishing to repopulate the earth, with our blessings, may do so.

At that point when we go back to repopulate the earth, will we be going through dimensions again, or will it be more the experience of taking an airplane ride from one city to another?

In the other realm there will be some intermingling. There will be interactions with each other. There will be a holding area and an integrating and teaching area. Then they will be able to translate back to earth through the portal.

When those who leave on the initial wave return to earth, will they still appear to be here in the way that Jesus did during the resurrection?

If they are called, they may be rallied. They may be taken back to the earth realm so they can thus help others.

When we are shuttling back and forth between realms, i.e., when ascending and returning, is the process highly overseen by the Elohim or Ra? Does it involve any technical equipment, or is it a purely energetic experience?

There will be guides who will determine what is needed for their charges. They may bring some of you back to this realm when they have further work to do with other people. You will stay with the guides and help with their mission to open the light for others who have not crossed over

Is the one called Jesus going to be in this new world to greet people?

We would suggest that Jesus will be there and would not miss it.

That's what I would think. Not necessarily in the physical world, but in the other realm?

Yes.

When is this going to happen, and how often?

It will happen in spurts. It has already begun. The preparation is going on in the natural process of the increasing the energies.

Has anyone departed yet?

Yes, there have been a few.

When will the first major group leave?

April 2008.

When will the next group leave?

Perhaps 2009.

Will these groups be leaving at the same time all over the world, or will there be a group in one geographical area and a group in another?

There are many variables. We do not make the calculations as of this time.

Do you have other questions? The channel is getting tired.

We will do more at another time. Thank you for coming.

We help you with all of our invisible hearts. We appreciate beyond measure the work you are doing.

The Dimensional Shift

The time we're living in has been prophesied by many of the world's religions. It has been referred to as the "end times," the time of "apocalypse," and "Judgment Day." The Mayan calendar, which some believe was created due to inter-dimensional contact, ends in the year 2012, and the New Testament speaks of rapture, ascension and the second coming of Jesus.

Much of this has been addressed in the messages of the Elohim and P'taah, coming through Daphne and Terry, and the messages of Ra, coming through David Wilcock and Carla L. Rueckert (www.LLResearch.org). These sources are in close agreement about what is taking place. In this section I will give a summary of these messages, with excerpts from the channelings included for further clarification.

Ra and the Elohim are group souls or social memory complexes. They exist in another dimension or in the ethers with perhaps millions of individual souls making up the conglomerate. In the past, these individual souls had individual bodies and physical body manifestations similar to the experience of humans on planet earth, and over millions of years of evolution they evolved to their present form.

According to Ra, there are eight densities or dimensions that all consciousness evolves through. Our experience on planet earth is defined as "third density" where we experience ourselves as separate from each other and deal with issues of individuality, survival and power. We all go through many lifetimes of experience to garner these lessons of the third density in a process referred to as reincarnation. The next stage in our evolutionary process is "fourth density" where we have the experience of perceiving all life as part of ourselves; love and compassion are the operative parameters. There are many people on the planet right now who are living in "fourth density." Some may have high lofty positions as spiritual teachers or leaders, some may be poets or musicians, and others may seem very ordinary and unassuming except they make others feel good when they are around. This is an inner quality and has nothing to do with a person's worldly stature or position in some hierarchal structure in an organization. These are the people who are setting the example for the rest of us. They are exhibiting fourth dimensional love in our world. We are all capable of accessing this in ourselves.

As our solar system travels through what we would normally think of as empty space, there is an upgrade of energy going on. Empty space is not really empty. There is energy present, which metaphysically has been referred to as etheric energy, zero point energy, or just "vibes." This energy is not equally dense. The density is constantly changing, and these changes in density impact us on a planetary level. During this period, we are entering the end of a 75,000 year cycle where our planet will pass through the densest level of energy. This is transforming the etheric field of our planet so that all life is being impulsed to rise to this

new level of vibration. Ultimately the planet will only be able to support "fourth density." 2012 is the culmination point for this process.

The outer world is going to create great challenges for each of us to meet so that we may graduate to this new density. Fear is one of the operative forces in third density. As I said, love is the operative force in the fourth density. We will be tested by the outer circumstances of the world to overcome our fears and experience compassion. To graduate to the fourth density, this is the test that each of us must pass or we will have to repeat our third density experience on another planet in another star system for another chance at "graduation." There will be a reincarnational split where those who have passed this test will reincarnate back on fourth-dimensional earth and those who have not, will reincarnate elsewhere. This process is being overseen by inter-dimensional beings such as Ra and the Elohim. Both groups are here to aid us in this transition and will be available to many people through experiences similar to the ones that I had with Daphne and Terry and to the ones in my own dream messages from Ra. What follows are some of the discussions regarding this dimensional shift.

The Perspective of P'taah

Daphne channeled P'taah, and I presented the questions.

Regarding ascension, it is said that if one has a 51% dedication to service, one will qualify. How about souls that are not incarnated? What happens to those souls? Do they have opportunities or choices also?

We address the first part of your question. Energetically we see this as an opening of the fourth [heart] chakra. When the fourth chakra is 51% open, allowing that much of the Christ light to permeate the soul, then we suggest that the chances of the soul making the sojourn of the ascended path at this time of the raising of the earth's frequencies is indeed fairly assured. As for your concern for currently outof-the-body souls not having the chance to participate in planetary evolution, you must remember that all is volitional and up to free will. Those who are not fully incarnate at this time have many other opportunities both inter-dimensionally and on other life systems to partake of planetary ascension as you will come to understand and know it. Planet earth is not a rare event. It is a very natural event similar to ice moving into water and water to steam. It is simply part of the evolutionary matrix. Although important, it is an event that will repeat itself many times in your galaxy.

Is the 2012 date an accurate date for the culmination of the ascension process?

We suggest a more precise date of 2017, though there are those who will leave much sooner, as early as 2009.

Will life on the planet be destroyed?

This is indeterminate in nature as of yet. There must be a preponderance of negative choice for this to happen.

Is the planet Venus being prepared as an alternative for third density beings who don't make it?

We do not see Venus as hosting at the current time. We see transportation out of the solar system to a system 3000 light years away.

What does the process of ascension feel like to a physical body?

This question would best be continued at a further session, as the answer is somewhat involved and depends upon the physical, emotional and psychological preparation of the particular vehicle to which we are ascribing said experience. However, we may say, it does involve a sense of the "melting away" of the current localized physical space and a birthing into a silvery-white light of gold.

When this transportation takes place, will the soul energy follow the DNA automatically, or is there some other exercise required to move the soul energy into this new planet?

The planet will reawaken as an etheric envelope. The contents of souls and bodies contained therein are similar to a carpet being rolled up with fabric and paper cutouts arranged on it.

Will the first bodies on the planet have to go through a long period of evolution?

It is the choice of the entity contained within. For many, yes, 70 million years or so.

The Perspective of the Council of Elohim

Daphne channeled the Council of Elohim, and I presented the questions. In the process of ascension, will the majority of people who are going to ascend enter inter-dimensional spaceships?

We would not say spaceships. We would say inter-dimensional portals. They may appear to some people as spaceships making it easier for them to understand what they are doing.

Would one expect the negative forces to also have portals?

This is a possibility.

Is it possible to be fooled when not prepared with prior knowledge and discernment?

Yes.

So this knowledge and discernment could be very important.

Ultimately, all roads lead to God. However, in the short term, yes.

Does the evolution of this planet impact the Elohim in a positive way? In other words if more beings are harvested, is the Elohim affected in a positive way?

The Elohim wishes the highest good for its spiritual children. Human evolution does not directly affect the Elohim, and yet there is an indirect connection.

I want to ask some questions about the ascension process. How important is one's mental awareness regarding the ascension process as opposed to the opening of the chakras?

The mental faculty is but one aspect of the total energy of transference that takes place. It is not entirely necessary that the intellectual faculties comprehend the process taking place. However, there must be a willingness on your part to move with the various incoming levels of energy, thus providing a jumping off place for your mind to explore the new realms of possibility introduced by the energization of the frequencies present in your chakras and vortices. There is a new field developing in you. It is left to you to explore that field and to decide whether to participate consciously, and if so, how much.

So if one is mentally prepared, one is more likely to make a positive choice. Could we say that?

We would not term it a positive or negative choice. It is simply a choice. All roads lead to God eventually.

So one may be open energetically and yet choose not to take the ascending path?

This is a free will zone.

However, one may not understand the choice without preliminary exposure to the idea. Is that possible?

Exposure would not necessarily induce a person to choose differently. It is rather an internal willingness to leave behind a playground, a school ground of third dimensional energy, and move into a higher

vibratory field. It is more a matter of whether you are ready to stop playing and experiencing the games of the third dimension. Are you willing to let them go? If you are not ready, there is no punishment.

What will happen to one who chooses to keep experiencing the third dimension?

You will play out the third dimension where you are able to. Not in this solar system, since this one is slated for ascension, but perhaps in another light years from here.

Has the time line for ascension been shortened, or is it still going to begin around 2009?

We see in seven years forestalling; it is difficult to say. There are too many variables. Everything is currently being resurrected and reconstructed as we speak.

Are the changes in our government affecting these processes?

It is part of the alchemical mix, of course. Though undo attention should not be focused there.

Is the ascension process coming about on this planet unusual on the galactic circuit? Why will some of us, as I understand it, release our bodies in the physical and move on, rather than die and move on? Why must it operate in that manner, if true?

There are no prescribed protocols for this particular ascension process. It is somewhat experimental in nature, and the individualized experience of the entities choosing to undergo it will be as many and varied as there are people currently incarnate on the planet. Indeed, many will die; many will choose to drop the body. Some say as many as two-thirds of your current population. There are those who would shed their bodies for other reasons. The great experiment is to be able to consciously ascend, thus keeping certain DNA patterns and crystalline blood coatings intact in a way that is fairly rare for this sector of the galaxy. This is part of a grand experiment, the outcome of which is greatly anticipated by those who would wait and see what happens.

Who initiated this experiment?

You did.

How?

This is a free will zone. Earth is what you would call a wild card where the laws of like vibrational attraction have been rather suspended. If you notice, there are many, many discontinuous and disharmonious levels of consciousness vying for superiority and influence

on your planet. Normally, this is not the case. It is an experiment to cause a sort of amalgamation of very different kinds of consciousness and to birth it in a particular way. A good analogy might be what you do with the leftovers in your refrigerator. With no particular recipe, you just want to see what can be done with what you have because you don't want them to go to waste.

So we're the leftovers so to speak?

Not leftovers in terms of better or worse, but leftovers in terms of remnants, remnants meaning populations or parts of populations for whom their home planet was no longer a place of refuge, for whom, for various reasons, accelerated karmas were to be worked off. This was a choosing place for profound giving of the self of what would have to become unconditional love. Otherwise it is a very hard place.

What is the process by which our DNA is transforming, and how did we come to have many more strands than have been activated?

Simplify the question.

It is my understanding that, as we move into the energetic field of the photon belt, our DNA is transforming, and the previously dormant strands are being activated. How is it that the DNA was designed with these extra strands?

The DNA carried within your blood was at least 70 million years in the making. Do you think that all the potentialities would be released automatically? It is a matter of choosing, choosing and choosing again. There is a period of dormancy; as a seedling may lay dormant for hundreds of years before its growth, before sprouting transpires. Human beings, in their own way, have been experimented on, and now want to experiment on others. It is a natural outgrowth of the process of curiosity, just as humans wonder what is outside of their solar system; equally vast solar systems exist inside of the cells.

The Perspective of Ra

David Wilcock channeled Ra, and I presented the questions.

Everyone has the challenge of overcoming fear, particularly the fear of death, which is, perhaps, the ultimate challenge in this realm. If one has been working on clearing one's karmic patterns to open one's heart, and if one then dies before 2012, how will that affect one's evolution in the ascension process?

In speaking of those who would pass from the physical body before the time of the entrance into fourth density, we are speaking of a time with no exact boundary, a time of holding space. When the physical body is shed, there is a transitory period spent in one of the various spherical planes surrounding your physical earth known as the afterlife state. It is within this state that there will be waiting for the time of ascension to occur. Speaking in more generalities to the query that you have mentioned, we will give a few additional thoughts.

Death is but an illusion. There is an unbroken continuity of experience you will be returning to at the time of passing from your physical body. This unbroken continuity is of a higher degree of wisdom, light and love than that which you have experienced in the physical, for you will be returning to the part of yourself that has programmed all of your dreams, as well as all of your experiences, to produce the greater desire to seek the light. It is from this place that you will then be able to view the relative degree of success that you have had in working out your karmic patterns and your distortions within the lifetime.

The question also spoke to the various changes in your physical earth and how these will affect the ascension process. We want to again remind you, as we have often stated before, that before the time of ascension there will be a shifting of the poles. Before the time of the shifting there will be what we refer to as a mass boarding event; we will arrive in your skies and allow to come with us those who are ready. Those who are ready will experience a greeting of some sort. It is this greeting that will be most explicitly inspirational and uplifting to the physical entity as it will correspond to that which is of most religious or spiritual significance to that entity's vibratory pattern throughout the physical sojourn. This inspirational uplifting experience takes the form of an invitation, and it is important that the decision then be made rather quickly, as time is short. You won't be able to take anything with you; you must step forward and proceed. This time will be occurring in the now, which is all you have. You are reading these words in the now, and you will experience in the now the invitation to come with us. You must not hesitate. You must be ready to go, or you will have to stay behind for the resulting traumatic changes on the physical earth.

There will be those who do not proceed, for they fear there is some evil or deception occurring. They understand only that which tells them, "This is trick. This is a trap. This is not what I want. I don't believe you." We are fully prepared for this, and thus those who choose automatically to be ready will be those who have meditated and prepared in advance for this experience. It will not happen in some ill-defined and never reached future, but rather in the now. Thus, we encourage you to seek ascension in the now.

Each breath lifts you higher and closer to the One Infinite Creator. You can think of this experience as a form of levitation, for it is the levity that is brought into your life: the ability to laugh at the problems or alleged problems and see them simply as opportunities to move past those strictures that have previously held you back and to attain higher and higher degrees of fulfillment for yourself and for others. You can allow the pain simply to be another experience, and you can move through it.

You must think more concretely about what you are leaving behind and about packing your bags if you are to be fully prepared for this change that is coming. You must not fall into the trap of feeling that you are not good enough for something like this, or that it will never be truly be attained because you have wanted it so long that you have almost given up on the idea that it could ever be possible. It will happen. It will be real, it will be right now, and you will need to make a choice rather quickly.

It is wise to prepare yourself. Clear your accounts with the physical. It is much the same clearing you would go through if you were aware that you were going to be shedding the physical body through a natural death process. We do not encourage you to think of this as death, for that is a distortion, not the truth. The truth, rather, is to see it as a graduation, a moving out of a plane that is often full of sorrow and suffering, into a much higher and lighter form of vibration, a form that has much more harmony, a form that is closer to the dream state, which in turn is closer to the true essence of the Creation as it is then expressed.

We want you to be hopeful and joyous about this change. All the surreal and violent experiences that are being brought forth on the physical plane are then the fulfillment of prophecies that we have diligently imparted to your spiritual teachers for many thousands of your years, as you measure time. You can seek out these prophecies in their various forms, such as in the Hindu Vedas and the Christian mythologies, et cetera, and you can find validations. The exact conditions that you now see in the world around you have been described by the sages of old for many, many, many of your years. This is a time for enthusiasm, not fear. Your conscious mind will not be able to see how it is possible that the problems you see on the planet could ever be rectified or healed, but rest assured that in the higher mind, in the higher self, these problems are easily taken care of.

Harvest and ascension is a process that has occurred on many, many third-density planets in the past and, though this planet is rather unique because of the blending of souls therein, this harvest is a process that has been rehearsed and has been brought through many, many times before. Regardless of whatever wild cards are thrown into the deck, we are more than adequately prepared to insure that the harvest occurs without bruise or blemish to the fruit. You are the fruit, of course: you who read these words, who have been diligently working on uplifting your own vibrations and on seeking a greater degree of fulfillment in the joy that is brought forth when you serve others and feel that smile, the joy of giving or the spirit of Christmas. It is the birth of the Christ within yourself that is coming through at this time. It is the understanding that it is you who will be growing into that fourth density earth that is now forming, as you are the earth. Because you participate in its consciousness, you are also participating in its evolution.

Rest well in the knowledge that all is well. As the Master Jesus once said, "See that you not be troubled." We thank you, and we do eagerly await the time that you shall approach the throne of the Divine and shall sign your name on the Akashic records, freeing yourself from the obligations in third density and allowing you to move forth into higher realms and vibrations. We thank you, and we remind you that you are loved more than you could ever possibly imagine.

We conclude these workings. Peace be with you in the light of everlasting love.

So there it is. I am not telling you to believe it. I am just reporting it as it has been presented to me.

I see parallels between this and the prophecies of Jesus. Perhaps Jesus presented his teachings without all the esoteric stuff because it would have been too confusing for the collective consciousness at the time of his manifestation. The bottom line is love, opening our hearts to each other and transcending fear.

Certainly I cannot validate this information in any way and cannot present it as truth. However, I can validate the personal experiences and wise counsel I've been receiving for the past year through these inter-dimensional sources. I can validate the wisdom in the Ra reading I received from David Wilcock and how it helped me transform my own life. I can share the Ra dream fragments, which are still forthcoming.

There is a thread of congruency running through it all, a cosmic perspective of how consciousness evolves and what it all means. As the future unfolds, the significance of it all will become more apparent. However for right now, love is the key. It's our ticket to the fourth dimension.

The Perspective of Q'uo

Carla Rueckert channeled Ra in 2003 in an interview with me.

Sorrow is essential to this experience that you call third-density life. However, your attitude towards this sorrowing, grieving and changing process can create for you a peace that surpasses all understanding. We encourage each of you to see heaven, even if it is from afar. Know that the angels and ministers have always loved you, that they love you now, and that they are here to help you. Unseen they hover, waiting to comfort, looking for ways to confirm any glimmer of hope within.

You are never alone in this process. This is a guarded and protected process, and the haven does abide. May each of you help each other to find your way home.

Everything You Touch Becomes a Part of Your Words and Music

A Poem by Wynn Free

We are sailing on spaceship earth In our common bonds Bodies made of flesh and blood Notes in the Universe's song. We all make a melody Dancing patterns Points of light. Rainbow messengers Colors swirling into white. Everything you touch becomes a part of you. Everything you touch becomes a part of you. Everything you see, everything you do Is part of you. We are sailing on spaceship earth Reaching for the sun. Finding the freedom Of the many into one. Like the angel of the morning And the devil in the night, We're going nowhere special At the speed of light. Everything you touch becomes a part of you. Everything you touch becomes a part of you. Everything you see, everything you do Is part of you.

Epilogue

If you have been touched by the material presented herein, you may want to visit some of our websites:

www.messageaday.net
www.conference.messageaday.net
www.Terryreading.com
www.returnofedgar.com

Learn about our ongoing programs to help contribute to the upliftment of this realm with the cooperation and co-creation of the inter-dimensional sources introduced in this book.

We have three conference calls per week, live channelings, planetary healing sessions, and more. To get a schedule of the conference calls, send an email to:

Suzanne@messageaday.net

The two group souls I have been working with say they are both on the conference calls and working with the individuals that participate.

Blessings,

